UNI’s Health Division: School of Health, Physical Education & Leisure Services

The University of Northern Iowa’s School of HPELS has been in operation for more than 100 years and is dedicated to providing quality education in a stimulating setting. The Health Promotion and Education Division program offers academic preparation in the areas of Health and Fitness Promotion, Health Disparities and Women's Health and Environmental Health. Students have the opportunity to study in award-winning facilities like the Wellness Recreation Center (WRC) and the Richard O. Jacobson Human Performance Center (HPC) and with award-winning faculty. For more information about this area of study, please visit the College of Education homepage, click departments and select School of Health, Physical Education and Leisure Services or call the HPELS main office at 319-273-2654.

How the HPELS Health Division Meets the College of Education Premier Points:

Diversity:
“The global health field is for students who want to go above and beyond— they may end up working with inner city health issues in the U.S., on Native American reservations, or in a non-governmental organization in Africa.” -Dr. Michele Devlin, Professor

Assessment:
“The UNI Health Promotion curriculum is specifically tailored to prepare students for the Certified Health Educator Specialist (CHES) exam.” -Dr. Thomas Davis, Professor

Community Service and Outreach:
“Introductory students should volunteer each year as a way to explore career option and to build their resumes.” Sherry Hester, Internship Coordinator

Field Based Experiences:
“The internship component of the Major provides students with hands-on experience as they work to become a practicing professional.” -Sherry Hester, Internship Coordinator

Inquiry:
“The main goal of all my teaching efforts is to aid students in developing their innate capacity to think, not to simply tell them what to think but to judge the value of the information they discover using the methods of scientific inquiry for themselves.” -Dr. Catherine Zeman, Professor

Leadership:
“We want to provide students with the knowledge, skills and abilities to identify populations at-risk and evidence-based prevention programs.” -Dr. Diane Depken, Associate Professor

Literacy:
“The goal of the School Health Education Minor is to help the pre-service teacher gain the knowledge and acquire the skills necessary to develop and present relevant school health education.” Barb Bakker, Health Education Instructor

Technology:
“We are instructing students to develop, deliver and evaluate health education materials via constantly changing technologies.” -Dr. Susan Roberts-Dobie, Associate Professor