

# Travis Stueve MS,ATC, LAT, CSCS

## Education

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2009- Masters of Science in Athletic Training from **A.T. Still University**

- Thesis: *Low Back Pain in Major League Baseball: Treatment and Prevention*

2007- Bachelor of Arts from **Point Loma Nazarene University**

- Major: Athletic Training

## Experience

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2012-present **University of Northern Iowa**

Head Football Athletic Trainer, Preceptor and Instructor

- Provide injury prevention, evaluation, treatment, and rehabilitation for the football team
- Instructor for *Lower Body Injury Assessment lab, Therapeutic Exercise lab, Prevention and Care of Athletic Injuries lab, Athletic Training Practicum*
- Preceptor for students in the undergraduate Athletic Training Education Program
- Oversees 3 graduate assistant athletic trainers
- Provide maintenance and daily care for Hydroworx, cold and warm whirlpools
- Provide yearly functional movement screens and associated corrective exercises for the football team
- Winner of University of Northern Iowa Preceptor of the Year 2014
- Daily use of Sportsware Injury Tracking Software
- Collaboration with Team Orthopedist, Physical Therapist, Chiropractor, Neurologist, Strength Coaches, and Football Coaches
- Inventory of the Human Performance Center Athletic Training Room
- Summer Camps Gatorade Manager

2009-2012 **Carson Newman College**

Assistant Athletic Trainer, Clinical Instructor, and Clinical Coordinator

- Provide injury prevention, evaluation, treatment, and rehabilitation for football, men's and women's golf, and men's and women's track and field teams.
- Instructor for *Recognition of Orthopedic Injuries* in the Athletic Training Education Program.
- Instructor for *Weight Training* in the Health, Physical Education and Sport Science Department
- Approved Clinical Instructor and Clinical Coordinator for students in the Athletic Training Education Program.
- Lead developer of the concussion protocol, heat illness management protocol and prescription and over the counter drug protocol.

### 2007-2009 **Central Arizona College**

Assistant Athletic Trainer, Adjunct Faculty

- Provided injury prevention, evaluation, treatment, and rehabilitation for baseball, softball, track and field, cross country, and men's and women's basketball teams.
- Assisted with upkeep of inventory in the athletic training room.
- Assisted in implementing drug testing for all student athletes.
- Instructed *Introduction to Rehabilitation Techniques* (Spring 2009).

### 2007-2008 **Peoria Padres**

Certified Athletic Training Intern

- Provided injury prevention, evaluation, treatment, and rehabilitation with the short season rookie ball minor league baseball team.
- Assisted with upkeep of inventory in the athletic training room.
- Assisted the team Physical Therapist with rehabilitation of all minor league baseball players.
- Implemented in season core strengthening program.

### 2007 **Point Loma High School**

Athletic Training Student

- Provided game day coverage for home Junior Varsity and Varsity baseball games.
- Provided flexibility and strengthening programs for all high school baseball athletes.

### 2006 **San Diego Padres**

Athletic Training Intern

- Assisted with home game day coverage.
- Assisted with injury evaluation and treatment for home games.

### 2003-2007 **Point Loma Nazarene University**

Athletic Training Student

- Experienced rotations with all student athletes.
- Provided injury prevention, evaluation, treatment, and rehabilitation for the baseball team.
- Provided game day coverage for the baseball team.

### 2004-2005 **Sweetwater Union High School**

Athletic Training Student

- Assisted in injury prevention, evaluation, treatment, and rehabilitation for football, wrestling, and track and field.
- Provided game day coverage for freshman, JV and Varsity football games, and home wrestling meets.

## Clinical Rotations

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### 2008-August-November **Fischer Sports**

- Assisted with implementation of an offseason strength and conditioning program for high school and minor league baseball players

### 2008-March-June **Competitive Athletic Training Zone/Arizona Rattlers Arena Football League Team**

- Assisted with implementation of an in season strength and conditioning program for arena football players.
- Assisted with pre-practice treatments
- Provided home game day coverage for the Arizona Rattlers.

## **Volunteer**

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2016- Presenter at Iowa NSCA conference

2010-2012 Serving on the Young Professional Committee for the Tennessee Athletic Trainers Society

2008- Moderator at Rocky Mountain Athletic Trainers Association Conference

2008-April Medical volunteer Phoenix Ironman Triathlon

2008-January Medical volunteer PF Changs Rock n Roll Marathon

2007-October Medical Volunteer SOMA Triathlon

2007-September Medical Volunteer Timex Triathlon

## **Certifications and Courses**

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2017 Owens Recovery Science Blood Flow Restriction

2015-present ImPACT Trained Athletic Trainer

2015- Total Motion Release Spinal Manipulations Course

2014-present Functional Movement Screen Certified

2014- present Graston M1 Certification

2013- present Y Balance Test Certified

2012-present Iowa Athletic Training License (LAT)

2010-present, 2003-2004 Oxygen Administration

2009-2012 Tennessee Athletic Training License (LAT)

2007-2009 Arizona Athletic Training License (LAT)

2007-present Certified Strength and Conditioning Specialist (CSCS)

2007-present BOC Athletic Training Certification (ATC)

2003-present AED/CPR

2003-2007 Emergency Response

## **Memberships**

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2008-2009 AT Still University Athletic Training Student Association

- Chair of the Fundraising Committee

2007-present National Strength and Conditioning Association

2006-present National Athletic Trainers Association

2003-2007 Sigma Alpha Tao (student athletic trainers' club of PLNU)