

## Curriculum Vitae

# Tricia L. Schrage, EdD, ATC, LAT

### PROFESSIONAL INFORMATION

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Human Performance Center 003F  
Cedar Falls, IA 50614  
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### EDUCATION

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#### **University of Northern Iowa**

**Cedar Falls, IA**

*Doctor of Education*

*May 2017*

- Intensive Study Area: Rehabilitation Studies
- Dissertation topic: "Identifying Meaningful Patient Health Outcomes among the Athletic Population"

*Masters of Science*

*May 2007*

- Major: Athletic Training
- Thesis: "Development of a Core Stability Model"

*Bachelor of Arts*

*May 2004*

- Major: Athletic Training

### PROFESSIONAL EXPERIENCE

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#### **University of Northern Iowa**

**Cedar Falls, IA**

*Assistant Professor, Athletic Training Division*

*August 2007-Present*

- Ensure instruction and assessment of athletic training competencies
- Undergraduate courses taught:
  - Studies in Athletic Training: Gross Human Anatomy AT3186
    - Collaborated with Department of Communication Sciences and Disorders to offer interdisciplinary laboratory sessions focusing on the brain.
  - Therapeutic Interventions II AT3080 (42T:157)
  - Therapeutic Interventions II, Clinical Skills AT3082 (42T:158)
  - Studies in Advanced Rehabilitation AT3186
    - Developed course
  - Athletic Training Administration & Professional Development AT3060 (42T:110)
    - Developed online course and met Quality Matters standards
  - Studies in Athletic Training: Introduction to Athletic Training Terminology AT1086
    - Developed online course and met Quality Matters standards
  - Upper Body Injury Assessment, Clinical Experience AT3051 (42T:135)
  - Lower Body Injury Assessment, Clinical Experience AT3041 (42T:138)
  - Clinical Integration AT3000 (42T:140)
  - Therapeutic Interventions I, Clinical Skills AT3071 (42T:144)
  - Prevention and Care of Athletic Injuries AT1018 (42T:018)
  - Prevention and Care Laboratory AT1019 (42T:019)
- Graduate Courses taught:
  - Studies in Athletic Training: Gross Human Anatomy AT6286

- Seminar in Athletic Training: Advanced Rehabilitation Techniques AT6289
  - Developed course
- Guest Lecturer
  - Adapted Physical Education (PEMES 4152) 2011, 2012, 2013, 2014, 2015

*Athletic Training Coordinator of Clinical Education*

*August 2007-Present*

- Assign, track, oversee, and coordinate the clinical experiences of the UNI Athletic Training students
- Oversee the student supervision and education provided by the 13 on-campus & 30+ off-campus UNI Preceptors
- Maintain the appropriate ratios for:
  - Supervision
  - Experience type (Protective equipment, individual/team, M/F, general medical, etc.)
- Develop, implement, & analyze electronic student/preceptor clinical experience quarterly evaluations
- Develop and implement yearly Clinical Site evaluations
- Maintain affiliation agreements for all sites hosting athletic training students
- Secure new Preceptors and sites to coincide with program growth (established 15+ new sites)
- Establish and maintain general medical experiences in compliance with CAATE standards
- Update the UNI Athletic Training Preceptor Handbook
- Organize and conduct training workshops for all new Preceptors
- Host yearly summer Preceptor workshops to train all Preceptors to comply with CAATE standards
- Make routine visits to on- and off-campus sites where athletic training students are completing clinical experiences.
- Developed and oversee Independent Study: Supplementary Clinical Experience requirements
- Assist the Undergraduate Athletic Training Program Director with the following:
  - Ensure compliance with the CAATE Educational Standards
  - Prepare narratives and supporting documentation for the CAATE Self-Study
  - Update the UNI Athletic Training Student Handbook & Policy & Procedures Manuals
  - Update the UNI AT Program Competency Matrix
  - Implement program outcomes and comprehensive assessment plan
  - Conduct disciplinary meetings with students and preceptors as necessary
  - Meet with prospective students and families
- Contribute to program curriculum development
- Managed the UNI Board of Certification (BOC) Approved Provider status
  - Ensured Continuing Education events meet BOC Approved Provider guidelines
  - Distributed CE Certificates
  - Retained documentation/records
- Spearheaded the development of an Athletic Training Professional Master's Program

*Athletic Training Cadaver Laboratory Coordinator*

*July 2016-Present*

- Maintain human anatomy laboratory
- Prepare for student activities, including prosection of anatomic structures
- Supervise and instruct students with regard to laboratory safety procedures and dissection
- Coordinate with University of Iowa Deeded Body Program
- Coordinate with UNI Office of Risk Management and Environmental Health and Safety

*Athletic Training Graduate Assistant Supervisor*

*August 2010-2016*

- Supervise off-campus graduate assistant athletic trainers

- Remit & analyze performance evaluations
- Visit sites on a regular basis

### **Taylor Physical Therapy**

*Athletic Trainer / Contracted high school event coverage*

**Waverly, IA**

*August 2014-Present*

- Serve as a Preceptor during event coverage, allowing athletic training students to gain clinical experience.

### **Northeast Iowa Physical Therapy Clinic (Branch of Cedar Valley Medical Specialists) Cedar Falls, IA**

*Athletic Trainer / Full-time, Split Schedule with UNI AT Program*

*January 2008-June 2011*

### **Cedar Valley Medical Specialists Physical Therapy Clinic**

*Athletic Trainer / Full-time, Split Schedule with UNI AT Program*

**Waterloo, IA**

*May 2006-January 2008*

### **Waterloo West High School**

*Head Athletic Trainer / Full-time, High School Outreach*

**Waterloo, IA**

*May 2006-August 2007*

### **XL Sports Acceleration Program**

*Administrative Coordinator*

**Waterloo, IA**

*January 2007-August 2007*

### **University of Northern Iowa**

*Athletic Trainer / Graduate Assistant, Northern University High School*

**Cedar Falls, IA**

*August 2004-May 2006*

## **RESEARCH AND PRESENTATION EXPERIENCE**

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### **Peer-Reviewed Published Articles**

- **Majewski-Schrage TL**, Snyder K. The effectiveness of manual lymphatic drainage in patients with orthopedic injuries. *J Sport Rehabil.* 2016;25(1):91-97.
- **Majewski-Schrage TL**, Evans TA, Ragan B. Development of a core stability model: A delphi approach. *J Sport Rehabil.* 2014;23:95-106.

### **Peer-Reviewed Research Presentations with Published Abstracts**

- **Majewski-Schrage TL**, Evans TA, Snyder K. Meaningful patient outcomes reported by college athletes fit the ICF model: A report on recovery following lower extremity injury. *J Athl Train.* 2017;52(6):S52. Presented at 68<sup>th</sup> NATA Annual Meeting & Clinical Symposium. Houston, TX; June 27, 2017. (Award finalist)
- Evans TA, Snyder KR, Neibert PJ, Weiss WM, **Haak TL**. Development of a model of ankle health. *J Orthop Sports Phys Ther.* 2013;43(3):A20. Presented at the 5<sup>th</sup> International Ankle Symposium. Lexington, KY: October 2012.
- **Haak TL**. The Lymphatic System: Components, Function, and Evidence Addressing the Impact of Therapeutic Interventions. Presented at the 63<sup>rd</sup> NATA Annual Meeting & Clinical Symposium. St. Louis, MO; June 29, 2012.
- Gage MJ, Thompson RW, Khoo-Summers L, **Majewski TL**, Evans TA. Acute, idiopathic swelling in the arm of a female collegiate volleyball player. *Journal of Athletic Training.* 2004; 39(2S): 78-9S. Presented at the National Athletic Trainers' Association Annual Meeting and Clinical Symposia. Baltimore, MD: June 16, 2004.

### **Peer-Reviewed Poster Presentations with Published Abstract**

- **Haak TL**, Evans TA, Ragan BG, Williams RB. Development of a Unified Core Stability Model. *Journal of Athletic Training.* 2008; 43(3S):121S. Presented at the National Athletic Trainers' Association Annual Meeting and Clinical Symposia. St. Louis, MO: June 20, 2008.

### **Other Presentations**

- **Haak TL.** What is the Core and Why is it Important? *Presented at Iowa Athletic Training Society Educational Symposia.* Pella, IA; May 22, 2011.
- **Haak TL, Evans TA, Ragan B.** Development of a Core Stability Model. *Presented at the Mid America Athletic Trainers' Conference and Symposium.* Topeka, KS; March 17, 2007.
- **Majewski TL, Evans TA, Gage MJ.** Thoracic Outlet Syndrome in the Competitive Athlete: An overview of the condition supported by two recent case studies. *Presented at 2004 Mid America Athletic Trainers' Conference and Symposium.*

### **Works in Progress**

#### *Manuscripts in Preparation*

- **Majewski-Schrage TL,** Evans TA, Snyder KR. Identifying meaningful patient outcomes following lower extremity injury: Patient experiences during recovery (Part 1)
- **Majewski-Schrage TL,** Evans TA, Snyder KR. Identifying meaningful patient outcomes following lower extremity injury: Applying outcomes to the ICF (Part 2)
- **Majewski-Schrage TL,** Evans TA, Snyder KR. The complexities of ICF and how it relates to athletic training.

#### *Current Research*

- **Majewski-Schrage TL,** Evans TA, Snyder, KR. Identifying Meaningful Patient Health Outcomes among the Athletic Population Following Upper Extremity Injury

#### *Studies in conception*

- Core temperature assessment using zero-heat-flux cutaneous thermometer for the athletic population
- Sleep outcomes among injured collegiate athletes
- Meaningful health outcomes among athletic population: What we know and what is missing
- Meaningful aspects of health from a health care provider perspective
- Outcome instruments capturing meaningful aspects of health
- Functional Movement Screen (FMS) validation

#### *Papers Submitted to Journals for Consideration*

- **Majewski-Schrage TL,** Evans TA. Conservative or surgical treatment following patellar dislocation?

### **Grants**

- Haak T. "Development and Validation of a Core Stability Model and Measures." *Mid-America Athletic Trainers' Association.* \$750.00 (*Funded March 2005*)

### **Media Interviews**

- *Careers in Athletics.* Interview with local television station sports show *April 2003*

## **PROFESSIONAL SERVICE**

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### **Journal Manuscript Reviewer**

*Athletic Training & Sports Health Care*  
*Journal of Sport Rehabilitation*

*September 2014*

*December 2013*

## **SCHOOL OF KINESIOLOGY, ALLIED HEALTH, & HUMAN SERVICES SERVICE**

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**Graduate Research Thesis Co-Chair: Carli Mueller**

*Fall 2017-Present*

**Undergraduate Thesis Advisor: Cassandra Adamson**

*Fall 2017-Present*

**Undergraduate Thesis Advisor: Samantha Dewey**

*Fall 2017-Present*

<b>KAHHS Scholarship/Awards Committee</b>	2016, 2017, 2018
<b>UNI Open House Events</b>	2014, 2016, 2017, 2018
<b>UNI Transfer Orientation</b>	2015, 2016, 2017, 2018
<b>Member of KAHHS Faculty Search Committee</b>	2017-2018
<b>Member of Assistant Athletic Trainer Search Committee</b>	2013, 2014, 2016
<b>UNISATO 5K Run/Walk</b> <i>Event Coordinator</i>	April 20, 2013
<b>Athletic Training Program Family Weekend Open House</b>	2008, 2009, 2010, 2011, 2013

### **COMMUNITY SERVICE AND ENGAGEMENT**

<b>Special Olympics</b> <i>Event volunteer</i> <i>Athletic Training Coordinator</i>	<b>Cedar Falls &amp; Waterloo, IA</b> <i>August 2004-Present</i> <i>August 2004-May 2006</i>
<b>Career Fairs</b> <i>Waterloo West High School</i> <i>Jesup High School</i> <i>Waterloo East High School</i>	<i>October 2011, 2017</i> <i>November 2014</i> <i>November 2013</i>
<b>Multiple Sclerosis Walk</b> <i>Event volunteer</i>	<b>Cedar Falls, IA</b> <i>May 2010 &amp; 2012</i>
<b>Church Activities</b> <i>Ran the Chicago Marathon to raise funds for a school in Mozambique, Africa</i> <i>CARAVAN Leader</i> <i>New York City Mission Trip</i>	<i>2009</i> <i>2008</i> <i>2002</i>

### **HONORS AND ACHEIVEMENTS**

Doctoral Oral Student Award Finalist at 68th NATA Clinical Symposia	<i>June 2017</i>
Outstanding Graduate Thesis Award	<i>May 2007</i>
Guest speaker at UNI Human Performance Center groundbreaking ceremony	<i>July 2006</i>
Terry Noonan Student Athletic Trainer of the Year Award	<i>May 2004</i>
NATA Research & Education Foundation Scholarship Recipient	<i>June 2004</i>

### **CERTIFICATIONS**

Certified Athletic Trainer (ATC)	<i>May 2004-Present</i>
Iowa Licensed Athletic Trainer (LAT)	<i>August 2004-Present</i>
UNI Preceptor	<i>August 2005-Present</i>
Emergency Care and Safety Institute CPR/AED for the Professional Rescuer	<i>Updated August 2014</i>

Functional Movement Systems Certification	<i>December 2013</i>
Quality Matters Peer Reviewer Certification	<i>May 2012</i>
Strain Counter Strain – Extremities Certification	<i>July 2008</i>
OSHA Training	<i>August 2007</i>
American Red Cross First Aid	<i>May 2002</i>

### **MEMBERSHIPS**

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National Athletic Trainers' Association (NATA)	<i>May 2001-Present</i>
Mid-America Athletic Trainers' Association (MAATA)	<i>May 2001-Present</i>
Iowa Athletic Trainers' Society (IATS)	<i>May 2001-Present</i>
UNI Student Athletic Trainers' Organization	<i>January 2001-May 2004</i>

### **PROFESSIONAL DEVELOPMENT**

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#### **National Athletic Trainers' Association Annual Meeting & Clinical Symposium**

Houston, TX	<i>2017</i>
Indianapolis, IN	<i>2014</i>
St. Louis, MO	<i>2012</i>
Indianapolis, IN	<i>2005</i>
Baltimore, MD	<i>2004</i>
St. Louis, MO	<i>2003</i>

#### **Cadaver Dissection Seminar**

Tampa, FL	<i>2016</i>
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#### **CAATE Accreditation Conference**

Tampa, FL	<i>2014, 2016</i>
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#### **CAATE Site Visit Training Session**

Indianapolis, IN	<i>2014</i>
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#### **CAATE Program Administrator's Workshop**

Des Moines, IA	<i>2014</i>
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#### **Athletic Training Educators' Conference**

Dallas, TX	<i>2015</i>
Dallas, TX	<i>2013</i>
Washington, D.C.	<i>2011</i>
National Harbor, MD	<i>2009</i>

#### **Mid America Athletic Trainers' Conference and Symposium**

Des Moines, IA	<i>2014</i>
Topeka, KS	<i>2007</i>
Omaha, NE	<i>2004</i>

**Iowa Athletic Training Society Educational Symposia**  
Pella, IA

*2011*

**Clinical Instructor Educator Seminar**  
Washington, D.C.  
National Harbor, MD

*2011*

*2009*