

CURRICULUM VITAE
Rodney Blake Dieser
Professor

Recreation, Tourism, and Nonprofit Leadership
University of Northern Iowa
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EDUCATION

- MA** **Clinical Mental Health Counseling, University of Northern Iowa, Cedar Falls, IA, USA**
May 2014
Non-thesis program
- Ph.D.** **Physical Education and Recreation, University of Alberta, Edmonton, AB, Canada**
April 2002
Emphasis: Leisure services and therapeutic recreation
Dissertation: How does individualism in therapeutic recreation affect leisure education, the utilization of therapeutic recreation practice models, and the therapeutic recreation certification process?
- MS** **Parks, Recreation, and Tourism, University of Utah, Salt Lake City, UT, USA**
June 1997
Emphasis: Therapeutic recreation; Allied Area: Counseling Psychology
Thesis: The effects of attribution retraining during therapeutic recreation on attributions of depressed adolescents
- BS** **Recreation and Leisure, University of Utah, Salt Lake City, UT, USA**
August 1994
Emphasis: Therapeutic recreation
- AS**
(2-year Diploma) **Recreation Management, Lethbridge Community College, Lethbridge, AB, Canada**
May 1991
Emphasis: Therapeutic recreation in geriatrics

CREDENTIALING

- **Certified Interpretive Guide**, National Association for Interpretation, 2024 - present
- **Accredited Member**, International Association of Logotherapy and Existential Analysis -Viktor Frankl Institute Vienna, 2022 - present
- **Academic Associate and Diplomate Clinician**, Viktor Frankl Institute of Logotherapy — 2020, 2021 - present
- **Licensure as a Mental Health Counselor (LMHC)**, Iowa Board of Behavioral Science, Sept. 6, 2018 – present
- **Temporary Licensure as a Mental Health Counselor (TLMHC)**, Iowa Board of Behavioral Science, Aug. 2014 – Sept. 5, 2018
- **Certified Therapeutic Recreation Specialist**, National Council for Therapeutic Recreation Certification, May, 2015 - present
- **Licensure Recreational Therapy Specialist**, Utah Division of Occupational and Professional Licensing, May, 1995 – May 1999

EMPLOYMENT HISTORY

Academic

Affiliated Faculty	University of Northern Iowa Department of Counseling	Fall 2018-2022
Professor	University of Northern Iowa Leisure, Youth, and Human Services	Fall 2015-Present
Interim Division Chair	University of Northern Iowa Leisure, Youth, and Human Services	Jan 2012 – Nov. 2013
Program Coordinator	University of Northern Iowa MA in Philanthropy and Nonprofit Development Distance Education partnership of Continuing Education and Leisure, Youth, and Human Services	Fall 2008 – Spring 2018
Associate Professor	University of Northern Iowa Leisure, Youth, and Human Services	Fall 2007 - summer 2015
Assistant Professor	University of Northern Iowa Leisure, Youth, and Human Services	Fall 2001 - summer 2007
Adjunctive Instructor	University of Alberta Faculty of Physical Education and Recreation	Fall 1998-Spring 2001

Adjunctive Instructor **University of Northern British Columbia** **Fall 1997-Spring 1998**
Outdoor Recreation and Resource Tourism

Adjunctive Instructor **Utah State University** **Fall 1996**
Parks and Recreation

Teaching Assistant **University of Utah** **Fall 1995-Spring 1996**
Parks, Recreation and Tourism

Professional

Licensed Mental Health Counselor¹ **Wartburg College** **March 2021 – present**
(10-15 hours per week) Waverly, Iowa

Workplace Mental Health Consultant **Covenant Workplace Solutions** **August 2021 – present**
(Consultation/workshops to improve mental health in work setting) Cedar Falls, Iowa

Licensed Mental Health Counselor **Covenant Family Solutions** **July 2019 – July 2021**
(10-15 hours per week) Cedar Falls, Iowa

Certified Therapeutic Recreation Specialist (CTRS) **Covenant Family Solutions** **July 2019 – July 2021**
(10-15 hours per week) Cedar Falls, Iowa

Licensed Mental Health Counselor **New Directions Counseling Services** **Aug 2014 – June 2019**
(10-15 hours per week) Waterloo, Iowa

Certified Therapeutic Recreation Specialist (CTRS) **New Directions Counseling Services** **Aug 2014 – June 2019**
(10-15 hours per week) **Waterloo, Iowa**

Licensure Recreational Therapy Specialist **St. Mary's Home** **1995-1997**
(FT – substance disorders and homeless outreach) (Catholic Community Services)
Salt Lake City, Utah

¹ At Wartburg College, along with Covenant Family Solutions and New Directions Counseling, I work simultaneously as a Licensed Mental Health Counselor and Certified Therapeutic Recreation Specialist.

Licensure Recreational Therapy Specialist (PT – substance abuse youth program)	Salt Lake County Parks and Recreation Salt Lake City, Utah	1995-1997
Youth Worker (PT – gang prevention)	Neighborhood House Salt Lake City, Utah	Summer of 1995
Recreation Inclusion Specialist (FT – people with developmental disabilities)	Columbus Community Center (Salt Lake City School District) Salt Lake City, Utah	1992-1996
Therapeutic Recreation Technician (assistant) (FT – geriatrics)	Sunshine Terrance Adult Day Center Logan, Utah	1991-1992

SCHOLARLY ACTIVITY

* Represents work conducted with students

Books

Dieser, R. B., & Mobily, K. E. (2021). *Recreation underground: The hidden histories of leisure and recreation services*. Urbana, IL: Sagamore-Venture (200 pages)

Edginton, C. R., **Dieser, R. B.**, Lankford, S. V., & Kowlaski, C. (2018). *Leisure programming: A 21st century perspectives*. Urbana, IL: Sagamore (368 pages)

Edginton, C. R., Lankford, S. V., **Dieser, R. B.**, & Kowlaski, C. (2017). *Community parks and recreation: Foundations and perspectives*. Urbana, IL: Sagamore (392 pages)

Dieser, R. B., (2013). *Leisure education: A person-centered, system-directed, social policy Perspective*. Urbana, IL: Sagamore (184 pages)

Edginton, C. R., DeGraaf, D. G., **Dieser, R. B.** & Edginton, S. (2006). *Leisure and life satisfaction: Foundational perspectives* (4th ed). Boston, MA: WCB McGraw-Hill. (537 pages)

Edginton, C. R., Hudson, S. R., **Dieser, R. B.**, & Edginton, S. R. (2004). *Leisure programming: A service-centered and benefits approach* (4th ed). Boston, MA: WCB McGraw-Hill. (535 pages)

Historical Souvenir Book

Dieser, R. B. & Hund, K. (2023). *Cedar Rock by Frank Lloyd Wright*. Friends of Cedar Rock.

Chapters in Books

Dieser, R. B., & Grybovych Hafermann, O. (in press). Justice in dark/thanatotourism: Three cases from the state of Iowa (USA). In P. Torabian & J. N. Albrecht (Eds.). *Justice in Tourism Destinations – Avenues for Governance and Policy*. Routledge.

Lee, J. K., **Dieser, R. B., & Mobily, K.** (2024). The history of leisure services: It is time to embrace the wrongs we have committed and celebrate that there is time to start anew. In M. Stodolska, D. Scott & T. Liechty (Eds.), *Leisure matters: Exploring leisure in a changing world* (pp. 291-299). Sagamore-Venture.

Dieser, R. B. & Ziemer, R. (2022). The Doctors Mayo: Historical and contemporary case study of community parks and recreation linked to the Mayo Clinic model of care. In J. Hironaka-Juteau & S. Lankford (Eds.). *Inter-professional collaboration in parks, recreation, and human services: Theory and cases*. (p. 219-238). Sagamore-Venture.

Dieser, R. B. (2020). History of therapeutic recreation. In T. Long & T. Robertson (Eds.), *Foundations of therapeutic recreation* (2nd ed.) (pp. 15-32). Human Kinetics.

Dieser, R. B., Yang, H., Pegg, S., & Nagata, S. (2020). A global perspective of therapeutic recreation. In T. Long & T. Robertson (Eds.), *Foundations of therapeutic recreation* (2nd ed.) (pp. 209-226). Human Kinetics.

Walker, G., Kono, S., & **Dieser, R. B.** (2016). Metatheorizing leisure theory. In G. Walker, D. Scott, & M. Stodolska (Eds.), *Leisure Matters: The state and future of leisure studies* (pp. 313-322). Venture Publishing.

Dieser, R. B., & Scholl, K. (2010). Inclusive recreation history and legislation, In Human Kinetics (Ed.), *Inclusive recreation: Programs and services for diverse populations* (pp. 19-38). Human Kinetics

Dieser, R. B. (2008). History of therapeutic recreation: In T. Robertson & T. Long (Eds.), *Foundations of therapeutic recreation* (pp. 13-30). Human Kinetics

Howard, D., **Dieser, R. B., Yang, H., Pegg, S., & Lammel, J.** (2008). A global perspective of therapeutic recreation. In T. Robertson & T. Long (Eds.), *Foundations of therapeutic recreation* (pp. 231-249). Human Kinetic

Dieser, R. B. (2006). Qualitative research. In T. A. Bamgartner and L. D. Hensley (Eds.), *Conducting and reading research in Health and Human Performance* (pp. 199-219). McGraw Hill.

- Dieser, R. B., & Magnuson, D., Scholl, K.** (2005). Questioning the dominant beneficial outcome approach in therapeutic recreation and leisure service delivery: The need for a critical thinking extension. In C. Sylvester (Ed.), *Philosophy of Therapeutic Recreation: Ideas and Issues Volume III* (pp. 59-72). National Recreation and Park Association.
- Dieser, R. B., Hutchinson, S., Fox, K., & Scholl, K.** (2005). Reflecting upon covert frameworks in clinical therapeutic recreation practice: Becoming aware In C. Sylvester (Ed.), *Philosophy of Therapeutic Recreation: Ideas and Issues Volume III* (pp. 23-39). National Recreation and Park Association.
- Dieser, R.B.** (2004). Leisure education: Breaking free from individualistic notions. In M. A. Devine (Ed.), *Trends in Therapeutic Recreation: Ideas, concepts, and applications* (pp. 1-25). National Park and Recreation Association.
- Ewert, A. W., **Dieser, R. B.**, Voight, A. (1999). Conflict and the recreation experience. In E. D. Jackson & T. Burton (Eds.), *Leisure studies at the millennium*. (pp. 335-345). Venture.
- Compton, D. M. & **Dieser, R. B.** (1997). Research initiatives in therapeutic recreation. In D. M. Compton (Ed.), *Issues in therapeutic recreation: Toward the new millennium* (pp. 299-325). Sagamore.
- Peregoy, J. J., Schliebner, C. T., & **Dieser, R. B.** (1997). Diversity issues in therapeutic recreation. In D. M. Compton (Ed.), *Issues in therapeutic recreation: Toward the new millennium* (pp. 275-298). Sagamore.

Refereed/Peer Review Academic Publications

- Dieser, R. B.** (2023). Viktor Frankl's (centripetal) leisure: An initial exploration. *Leisure/Loisir*, Advance Online <https://doi.org/10.1080/14927713.2023.2242870>
- Dieser, R. B.** (2023). Advancing the association for humanistic counseling principles through the serious leisure perspective. *Journal of Humanistic Counseling*, 62(3), 162-172. <https://doi.org/10.1002/johc.12208>.
- *Hernesniemi, M., Caspar, S., & **Dieser, R. B.** (2023). The "Search for Meaning" in therapeutic recreation. *Therapeutic Recreation Journal*, 62(2), 133-152. <https://doi.org/10.18666/TRJ-2023-V57-I2-11759>
- Dieser, R. B.** (2023). A logotherapy meaning-centered approach to therapeutic recreation rooted in centripetal leisure. *Therapeutic Recreation Journal*, 62(1), 69-84. <https://doi.org/10.18666/TRJ-2023-V57-I1-11128>
- Lee, K. J., & **Dieser, R. B.** (2023). Ada S. McKinley: A hidden history of African American Settlement House in Chicago. *Leisure Science* 45(4) 351-367. <https://doi.org/10.1080/01490400.2020.1830904>

- Dieser, R. B.** (2022). Jane Addams: Debunking the American hyper-individualistic histories and enlarging her collectivistic sensibilities. *World Leisure Journal*, 64(4), 432–450. <https://doi.org/10.1080/16078055.2022.2062615>
- Dieser, R. B.** (2021). A call to the profession: Cross-cultural competence and learning from a sister profession. *Therapeutic Recreation Journal*, 60(4), 369-383. <https://doi.org/10.18666/TRJ-2021-V55-I4-10995>
- Dieser, R. B.** (2021). How leisure activities affect health: The serious leisure perspective. *Lancet Psychiatry*, 8(7), 562. [https://doi.org/10.1016/S2215-0366\(21\)00149-8](https://doi.org/10.1016/S2215-0366(21)00149-8)
- Dieser, R. B.** (2021). Cross-cultural inclusive recreation and the normalization principle: Nirje's and Wolfersberger's differing approaches. *Loisir et Société / Society and Leisure*, 44(2), 208-217. <https://doi.org/10.1080/07053436.2021.1935416>
- Dieser, R. B.** (2020). Answering Frankl's request to find new types of leisure: The serious leisure perspective relationship to centripetal leisure and dereflection. *International Forum of Logotherapy*, 43(2), 67-86.
- Dieser, R. B., Ziemer, R., & Edginton, C. R.** (2020). Place of refuge photos and research note: How the Mayo Clinic uses the serious leisure perspective within a mechanical and humanic environmental healthcare design to reduce stress. *World Leisure Journal*, 62(4), 378-384. <https://doi.org/10.1080/16078055.2019.1669217>
- Dieser, R. B.** (2020). Re-imagining leisure education with Canadian hope: Will the caravan of American individualism keep rolling? *Leisure/Loisir*, 44(3) 317-326. <https://doi.org/10.1080/14927713.2020.1780936>
- Dieser, R. B. & Mobily, K.** (2019). Haun's ecological ideology in modern day healthcare environments: Case examples of Mayo Clinic and the University of Iowa Hospital and Clinics/Stead Family Children's Hospital. *Therapeutic Recreation Journal*, 53(4), 415-426. <https://doi.org/10.18666/TRJ-2019-V53-I4-9703>
- Dieser, R. B., Edginton, C. R., & Ziemer, R.** (2018). Leisure programming at Mayo Clinic in Rochester (MN): A quality-of-life and cafeteria based approach. *Parks, Recreation and Tourism in Public Health*, 2(1), 65-73.
- Mobily, K. E., & **Dieser, R. B.** (2018). Seeking alternatives in therapeutic recreation/recreation therapy: A social/community recreation model. *Leisure/Loisir*, 42(1), 1-23. <https://doi.org/10.1080/14927713.2017.1403860>

- Dieser, R. B.**, Edginton, C. R., & Ziemer, R. (2017). Decreasing patient stress and physician/medical workforce burnout through healthcare environments: Uncovering the serious leisure perspective at the Mayo Clinic Rochester campus. *Mayo Clinic Proceedings*, 92(7), 1080-1087. <https://doi.org/10.1016/j.mayocp.2017.03.017>
- Dieser, R. B.** & Christenson, J. (2017). Integrating positive psychology, behavioral activation, and the serious leisure perspective in mental health counseling: A case report. *International Journal of Applied Positive Psychology*, 1(1-3), 57-68. <https://doi.org/10.1007/s41042-017-0006-y>
- Dieser, R. B.**, Christenson, J., & Davies-Gage, D. (2015). Integrating flow theory and the serious leisure perspective into mental health counseling. *Counselling Psychology Quarterly*, 28(1) 97-111. <https://doi.org/10.1080/09515070.2014.944883>
- ***Dieser, R. B.**, Edginton, C. R., Carson, G., Cook, M., Davidson, A., & Rhoades, M. (2015). The application of qualitative research methods in recreation, parks, tourism, and leisure. *International Leisure Review*, 4(2), 5-26.
- Dieser, R.** (2014) Springsteen as developmental therapists: An autoethnography. *Biannual Online Journal of Bruce Springsteen Studies*, 1(1), 96-120.
- Dieser, R. B.** (2014). Cross-cultural assessment in therapeutic recreation. *Therapeutic Recreation Journal*, 48(1) 1-14
- Edginton, C. R., Banhidi M., Jalloh, A., **Dieser, R. B.**, Xiafei, N., & Baek, D. (2014). A content analysis of the World Leisure Journal: 1958-2012. *World Leisure Journal*, 56(3), 185-203. <https://doi.org/10.1080/16078055.2014.939340>
- Banhidi M., Daley, F. S., De Paula Azzinbe, E., **Dieser, R. B.**, Hebblethwaite, S., Jones, D., Kimura, F., McKenzie, S. E., Meyer, C., & Young, M. E. M. (2013). A global therapeutic recreation discussion: An overview from Rimini, Italy. *American Journal of Recreation Therapy*, 12(4), 7-14. <https://doi.org/10.5055/ajrt.2013.0053>
- Dieser, R. B.** (2013). Global therapeutic recreation: Should the United States therapeutic recreation profession and the United States National Council for Therapeutic Recreation Certification (NCTRC) be replicated in other nations? *World Leisure Journal*, 55(4), 307-319. <https://doi.org/10.1080/04419057.2013.843305> ²
- Olsen, H., & **Dieser, R. B.** (2012). I am hoping you can point me in the right direction regarding playground accessibility”: A case study of a community that lacked social policy toward playground accessibility. *World Leisure Journal*, 54(3), 269-279. <https://doi.org/10.1080/04419057.2012.702456>

² This article served as a call for an upcoming journal special issue (4th issue of 2014) on global therapeutic recreation. I served as guest editor for the *World Leisure Journal* related to this special issue.

- Dieser, R. B.** (2011). Leisure education research and the fundamental attribution error. *World Leisure Journal*, 54(1), 48-57. <https://doi.org/10.1080/04419057.2012.668037>
- Dieser, R. B.** (2011). A follow-up investigation of the fundamental attribution error in leisure education research. *Therapeutic Recreation Journal* 45(3), 190-213.
- Dieser, R. B.** (2011). Of straw men and melting pots: A response to Cara Aitchison's (2010) 'Labouring the leisure society thesis . . .' *World Leisure Journal*, 53(1), 228-239. <https://doi.org/10.1080/04419057.2011.606828>
- Dieser, R. B.** (2011). A rejoinder to Van Puymbroeck, Austin, and McCormick's therapeutic recreation hidden curriculum article. *Therapeutic Recreation Journal*, 45(1), 61-68.
- Edginton, C. R., & **Dieser, R. B.** (2010). Unmasking invisible ideologies: A commentary on Rojek's "Leisure and emotional intelligence." *World Leisure Journal*, 52(4), 261-264.
- Grybovych, O., & **Dieser, R. B.** (2010). Happiness and leisure: An ethnodrama, Act I. *Leisure/Loisir*, 34(1), 27-50. <https://doi.org/10.1080/14927710903526148>
- Waldron, J. J., & **Dieser, R. B.** (2010). Perspectives of fitness and health in college men and women. *Journal of College Student Development*, 51(1), 65-78. <https://doi.org/10.1353/csd.0.0110>
- Dieser, R. B.** (2008). Tales From Grades 1 Through 12: Understanding the complex web of multiple life forces located in schools. *Alberta Journal of Educational Research*, 54(3), 293-307. <https://doi.org/10.11575/ajer.v54i3.55235>
- Dieser, R. B.** (2006). Explaining the mosaic certification framework to Ontario therapeutic recreation professionals. *Therapeutic Recreation Ontario Research Annual*, 4, 44-52.
- *Harlema, R. **Dieser, R. D.**, Scholl, K., & Lankford, S. (2006). Exercise motivation, perceived constraint, and obesity. *Journal of the International Council for Health, Physical Education, Recreation, Sport and Dance*, 62(1), 9-13.
- ***Dieser, R. B.**, Bachman, J., Ball, A., Herrick, M., Lincoln, A., & Thenhaus, T. (2006). How family physicians perceive therapeutic recreation: A study from a Midwest community. *American Journal of Recreation Therapy*, 5(4), 33-39
- Dieser, R. B.** (2005/2006). Explaining the mosaic certification framework to an American audience. *Annual in Therapeutic Recreation* 14, 42-58.
- Dieser, R. B.** (2005). A Genealogy of the United States Therapeutic Recreation Certification Framework. *Leisure Studies* 24(1), 61-79. <https://doi.org/10.1080/0201436042000250140>

- Dieser, R. B.** (2005). Jane Addams and Hull-House: Understanding the role of recreation and leisure in bridging cross-cultural differences in human service work. *Human Service Education, 25*(1), 53-63
- Scholl, K., **Dieser, R. B.**, & Davison, A. (2005). Together we play: An ecological approach to inclusive recreation. *Therapeutic Recreation Journal 39*(4), 299-311.
- Walker, G., Deng, J., & **Dieser, R. B.** (2005). Culture, self-construal and intrinsic motivation. *Journal of Leisure Research, 37*(1), 77-100.
<https://doi.org/10.1080/00222216.2005.11950041>
- Walker, G., **Dieser, R. B.**, & Deng, J. (2005). Whoa versus go: A rejoinder to Mannell and Caldwell. *Journal of Leisure Research, 37*(1), 117-128.
<https://doi.org/10.1080/00222216.2005.11950044>
- Lankford, S. V., **Dieser, R. B.**, & Walker, G. (2005). Self-Construal and pilgrimage travel. *Annals of Tourism Research, 32*(3), 802-804.
<https://doi.org/10.1016/j.annals.2004.10.005>
- Dieser, R. B.** (2003). Understanding cross-ethnic interactions when using therapeutic recreation practice models in therapeutic recreation practice. *Therapeutic Recreation Journal, 37*(2), 175-189.
- Dieser, R. B.** (2002). A cross-cultural critique of three newer therapeutic recreation service models: The Self-Determination and Enjoyment Enhancement Model, Aristotelian Good Life Model, and the Optimizing Lifelong Health Through Therapeutic Recreation Model. *Therapeutic Recreation Journal, 36*(4) 352-368.
- Dieser, R.B.** (2002). A personal narrative of a cross-cultural experience in therapeutic recreation: Unmasking the masked. *Therapeutic Recreation Journal, 36*(1), 84-96
- Dieser, R. B.**, Fox, K., & Walker, G (2002). Recognizing the fundamental attribution error in leisure education research. *Annual of Therapeutic Recreation, 11*, 77-96.
- Dieser, R. B.** & Ruddell, E. (2002). The effects of attribution retraining during therapeutic recreation on attributions and explanatory styles of adolescents with depression. *Therapeutic Recreation Journal, 36*(1), 35-47
- Dieser, R. B.**, & Fox, K. (2002). Cross-cultural therapeutic recreation: A project-based leisure education approach. *American Journal of Recreation Therapy, 1*(1), 21-24.
- Walker, G. J., Deng, J., & **Dieser, R. B.** (2001). Ethnicity, acculturation, self-construal, and motivation for outdoor recreation. *Leisure Science, 23*(4), 263-283.
<https://doi.org/10.1080/01490400152809115>

- Dieser, R. B.** (1999). Practice models. *Therapeutic Recreation Journal*, 33(3), 193-194.
- Dieser, R. B., & Peregoy, J. J.** (1999). A multicultural critique of three therapeutic recreation service models. *Annual in Therapeutic Recreation*, 8, 56-69.
- Dieser, R. B.** (1997). Empirical research in attribution theory: Thoughts in research on stroking. *Transactional Analysis Journal*, 27(3), 175-180.
<https://doi.org/10.1177/036215379702700305>
- Peregoy, J. J. & **Dieser, R. B.** (1997). Multiculturalism in therapeutic recreation: Living in hamlets. *Therapeutic Recreation Journal*, 31(3), 173-188.
- Tate, D. W., & **Dieser, R. B.** (1997). The LMIT: Still an effective guide for therapeutic recreation service delivery. *Therapeutic Recreation Journal*, 31(4), 259-265
- Dieser, R.** (1997). Pluralistic leadership and program planning: Understanding minority/ethnic identity development. *Journal of Leisurability*, 24(3), 33-37.

Refereed/Peer Review Academic Conference Abstracts with Presentations

International

- Dieser, R. B., Mobily, K. E., Ziemer, R.** (2017, May). *Leisure, not therapy, in hospital recreation: A case study of leisure at the Mayo Clinic (Rochester Campus) and a delighted ghost of Paul Haun*. Paper presented at the Canadian Congress of Leisure Research, Kitchener, Ontario, Canada
- Dieser, R. B. & Kowalski, C. L.,** (2017, May). *There was more than Hull-House: Initial findings of a historical and comprehensive overview of leisure activities from 407 American settlement houses circa 1911*. Paper presented at the Canadian Congress of Leisure Research, Kitchener, Ontario, Canada
- Mobily, K. E. & **Dieser, R. B.** (2017, May). *The social/recreation community model*. Paper presented at the Canadian Congress of Leisure Research, Kitchener, Ontario, Canada
- Kowalski, C. L., **Dieser, R. D.** & Lankford, S. (2017, May). *Applying Potter's cognitive model of media literacy to the Hooter's restaurant website: "It was crazy to me how much the Hooter's website sexually objectify women . . ."* Paper presented at the Canadian Congress of Leisure Research, Kitchener, Ontario, Canada
- Martin, C., Kowalski, C. L., Harris, J., & **Dieser, R. D.** (2017, May). *A progressivist ideology in the 21st century: A case study of the student-in-residency program at the Western Home Communities*. Paper presented at the Canadian Congress of Leisure Research, Kitchener, Ontario, Canada

Dieser, R. B. (2011, May). *A ten year content analysis of research in leisure education: The fundamental attribution error seems to be still with us, but is getting better*. Paper presented at the Canadian Congress of Leisure Research, St. Catharines, Ontario, Canada

Dieser, R. B., Sullivan, A. M., & Ostiguy, L. (2011, May). *Speculative concerns regarding the utilization of the United States therapeutic recreation certification model in Canada: It could divide the profession*. Paper presented at the Canadian Congress of Leisure Research, St. Catharines, Ontario, Canada

Kowalski, C. L., & **Dieser, R. D.** (2011, May). *Are only the benefits endless? Looking at disbenefits associated with recreation, parks, and leisure programs and services*. Paper presented at the Canadian Congress of Leisure Research, St. Catharines, Ontario, Canada

Dieser, R. B. (2008, May). *Past voices from the Hull-House Joseph T. Bowen Country Club, 1911-1953: Initial research findings of relatedness, enjoyment of nature, and leisure as social values of youth outdoor recreation and wilderness experiences*. Paper presented at the Canadian Congress of Leisure Research, Montreal, Quebec, Canada

Dieser, R. B. (2002, May). *A qualitative study examining how Canadian therapeutic recreation specialists manage cross-ethnic interactions: Awareness and ethnocentrism*. Paper presented at the Canadian Congress of Leisure Research, Edmonton, Alberta, Canada

Kahakulau, K., Fox, K., & **Dieser, R. B.** (2002, May). *Rethinking the leisure education process*. Paper presented at the Canadian Congress of Leisure Research, Edmonton, AB, Canada

National

Lee K. J., & **Dieser, R. B.** (2023, Feb.). *Jane Addams and her stance on race issues: Initial thoughts*. Paper presented at the Academy of Leisure Sciences Conference, New Orleans, LA.

Dieser, R. B. (2020, Feb.). *Historiography of the Hull-House/West Polk Street School Playground (1893-1910): Its controversial beginning and unknown end*. Paper presented at the Academy of Leisure Sciences Conference, Champaign, IL.

Lee K. J., & **Dieser, R. B.** (2020, Feb.). *Ada S. McKinley: A hidden history of African American settlement house in Chicago*. Paper presented at the Academy of Leisure Sciences Conference, Champaign, IL.

Waldram, J., & **Dieser, R. B.** (2006, April). *Personal and cultural meanings of being fit and healthy*. Paper presented at the Research Consortium of the American Alliance for Health, Physical Education, Recreation and Dance, Salt Lake City, UT [*Research Quarterly for Exercise and Sport* supplement, Vol. 77(1)].

- Dieser, R. B.** (2004, September). *Jane Addams and Hull-House programs: Forgotten pioneers in therapeutic recreation*. Paper presented at the American Therapeutic Recreation Association Research institute, Kansas City, MO.
- Dieser, R. B.,** Lankford, S., & Walker, G. (2003, October). *Self-construal and pilgrimage travel*. Paper presented at the National Recreation and Park Association Leisure Research Symposium, St. Louis, MI.
- Dieser, R. B.,** & Fox, K. (2002, October). *Utilizing historical research in leisure studies: A genealogical approach*. Paper presented at the National Recreation and Park Association Leisure Research Symposium, Tampa Bay, FL.
- Dieser, R. B.,** & Ewert, A. W. (2002, October). *Reflecting back: Thoughts regarding a natural resource partnership between an academic institution and a First Nation culture*. Paper presented at the National Recreation and Park Association Leisure Research Symposium, Tampa Bay, FL.
- Walker, G. J., Deng, J., & **Dieser, R. B.** (2002, October). *Culture, self-construal, and intrinsic motivation: Implications for leisure science*. Paper presented at the National Recreation and Park Association Leisure Research Symposium, Tampa Bay, FL.
- Dieser, R. B.** (2000, October). *A cross-cultural discussion of the normalization principle: Concerns in therapeutic recreation practice*. Paper presented at the National Recreation and Park Association Leisure Research Symposium, Phoenix, AZ.
- Dieser, R. B.** (1999, October). *A content analysis of research in leisure education: Recognizing the pervasiveness of the fundamental attribution error*. Paper presented at the National Recreation and Park Association Leisure Research Symposium, Nashville, TN

Book Review/Essay in Academic Journals

- Dieser, R. B.** (2024). Review of the book *Skyscraper settlement: The many lives of Christodora house*. J. Milambiling, New Village Press. North American Review, [Reviewed] <https://northamericanreview.org/open-space/review-rodney-b-dieser>.
- Dieser, R. B.** (2023). Review of the book *Viktor Frankl and the Shoah: Advancing the debate*. A. Batthyány, Springer. History of Psychiatry 34(3), 363-366. [Reviewed] <https://doi.org/10.1177/0957154X231173338>
- Dieser, R. B.** (2022, Spring). Review of the book *The great pretender: The undercover mission that changed our understanding of madness*. S. Cahalan, Grand Central Publishing. National Psychologist, 14. [Reviewed]

- Dieser, R. B.** (2020). Review of the book *The hope circuit: A psychologists' journey from helplessness to optimism*. M. E. P. Seligman, Public Affairs, NY. *Therapeutic Recreation Journal*, 54(2), 99-107. [Reviewed].
<https://js.sagamorepub.com/index.php/trj/article/view/10614/7026>
- Dieser, R. B.** (2018). Review of the book *Recreational therapy for specific diagnoses and conditions*. H. R. Porter, Enumclaw, WA: Idyll Arbor. *American Journal of Recreation Therapy*, 17(1), 43-45. [Reviewed]
- Dieser, R. B.** (2015). Review of the book *Cultural competence in recreational therapy Working with African Americans, Chinese Americans, Japanese Americans, Hmong Americans, Mexican Americans, and Puerto Rican Americans*. J. W. Holland, Enumclaw, WA: Idyll Arbor. *American Journal of Recreation Therapy*, 14(1), 45-47. [Reviewed]
- Dieser, R. B.** (2012). Review of the book *Leisure, health, and wellness: Making the connection*. L. Payne, B. Ainsworth, & G. Godbey, State College, PA: Venture. *The Global Journal of Health and Physical Education Pedagogy*, 1(1), 77-80 [Reviewed]
- Dieser, R. B.** (2008). Review of the book *Let them eat Prozac: The unhealthy relationship between the pharmaceutical industry and depression*. D. Healy, New York: New York University Press. *Journal of Progressive Human Services*, 19(2), 160-168 [Reviewed]
- Dieser, R. B.** (2008). Review of the book *Leisure theory: Principles and practice*. C. Rojek, New York: Palgrave Macmillian. *Journal of Park and Recreation Administration*, 26(3), 152-158 [Reviewed]
- Dieser, R. B.** (2005). Review of the book *Authentic happiness: Using the new positive psychology to realize your potential for lasting fulfillment*. M. E. P. Seligman, New York: Free Press. *Therapeutic Recreation Journal*, 39(3), 241-246 [Reviewed]
- Dieser, R. B.** (2004). Review of the book *Jane Addams and the dream of American democracy*. J. B. Elshtain, New York: Basic Books. *Journal of Leisure Research*, 36(2), 282-292. [Reviewed]
- Article as Editor of the *International Forum for Logotherapy* (editors introduction to issue that is not peer review).**
- Dieser, R. B.** (2024). Editors introduction: Special issues on understanding leisure in logotherapy. *International Forum for Logotherapy*, 47(1), 3-4.
- Dieser, R. B.** (2024). Editors introduction and call for paper on understanding Leisure in Logotherapy *International Forum for Logotherapy*, 46(2), 3-4.
- Dieser, R. B.** (2023). Editors introduction. *International Forum for Logotherapy*, 46(1), 3-4.

Dieser, R. B. (2022). Editors introduction: Celebrating the life of Dr. Robert Barnes. *International Forum for Logotherapy*, 45(2), 3-4.

Dieser, R. B. (2022). Editors introduction: Celebrating the 75th anniversary of Frankl's Man's Search For Meaning and how I came to know this amazing book. *International Forum for Logotherapy*, 45(1), 51-57.

Professional Magazine Publications (not peer review)

Dieser, R. B. (2024). The horizontal reflection and Froebel's influence. *Frankl Lloyd Wright Quarterly*, 35(3), 4-9.

Dieser, R. B. (2024). Wright and nature's impact on the future of mental health. *Frankl Lloyd Wright Quarterly*, 35(3), 10-15.

Hunnicut, B. K., & **Dieser, R. B.** (2024). Letter from the guest editors: Wright's vision of freedom experienced as play and leisure. *Frankl Lloyd Wright Quarterly*, 35(3), 2.

*Arroyo, H. S., Johnson, C., & **Dieser, R. B.** (2023). Positive tourism and PERMA theory: Two stories of meaningful vacation experience. *International Forum for Logotherapy*, 47(1), 81-88.

Dieser, R. B. (2024). The serious leisure – devotee work nexus of Viktor and Elly Frankl: Writing as meaning. *International Forum for Logotherapy*, 47(1), 53-61.

*Julin-McCleary, N., Kaus, E., Rodemaker, R., & **Dieser, R. B.** (2023). Reflections of three graduate students to a logotherapy-centered self-eulogy activity. *International Forum for Logotherapy*, 46(1), 76-86.

Dieser, R. B. (2021). Remembering Mr. Delbello: Presence, personalized education and an academic paper that changed my life. *Fully Alive*, 6(1), 25-24

Dieser, R. B., & Wimberly, C. (2021). Celebrating Man's Search for Meaning. *Counseling Today*, 63(12), 38-43.
<https://ct.counseling.org/2021/06/celebrating-mans-search-for-meaning/>

Dieser, R. B. (2021). Viktor Frankl: 75 years of linking hope, imagination, and meaning during unavoidable suffering. *Rain Taxi Review of Books*, 26(2), 23.

Dieser, R. B. (2020, July). Overcoming free-time boredom during COVID-19: Combining a home-based optimal leisure lifestyle with behavioral activation. *Counseling Today Online*. <https://ct.counseling.org/2020/07/overcoming-free-time-boredom-during-covid-19-combining-a-home-based-optimal-leisure-lifestyle-with-behavioral-activation/>

- Dieser, R. B., & Ziemer, R.** (2018, May/June). Leisure lifestyle of the Mayo brothers. *Minnesota Medicine*, 101(3), 24-27.
https://www.mnmed.org/application/files/8416/6914/8753/May-June_2018.pdf
- *Kuntz, T., & **Dieser, R. B.** (2017, May). Building better cause-marketing relationships: Learning from the Special Olympics and Hooter's Restaurant relationship. *Parks and Recreation*, 52(5), 60-63.
- Dieser, R. B.,** Christenson, J., & Davis-Gage, D. (2016, June). The serious leisure perspective in mental health counseling. *Counseling Today*, 58(12), 46-49.
<https://ct.counseling.org/2016/06/serious-leisure-perspective-mental-health-counseling/>
- Dieser, R. B.** (2015). Guest editorial comments. *International Leisure Review*, 4(2), 1-4
- Dieser, R. B.** (2015). Music and the power of community. *Parks and Recreation*, 50(8), 52-53.
- Dieser, R. B.** (2015). Guest editorial. *World Leisure Journal*, 57(1), 2-5.
- Dieser, R. B.** (2014, Winter). A reply to Tanea Goncalves response regarding the CTRA-NCTRA partnership. *ATRAbate Journal* 1(1), 4-7.
- Dieser, R.** (2014). The World Leisure Commission on accessibility and inclusion. *World Leisure Journal*, 52(2), 172-174.
- Dieser, R. B.** (2013). Learning from the history of the American therapeutic recreation profession: Implications for therapeutic recreation in Hungary. *Rekreologia* 10(2), 36-39 (publication of the Hungarian Sports Science Association).
- Dieser, R. B.** (2012, Fall). Concerns regarding the CTRA-NCTRC partnerships: Could this be the beginning of a future divided therapeutic recreation profession in Canada? *ATRAbate* 3-6, 14.
- Dieser, R. B.** (2011). Is this really fair? *Nonprofit World*, 29(1), 3.
- *Jackson, G., Rod, L., & **Dieser, R. B.** (2008). Recreational consumption of violent media contribute to youthful aggression. *Parks and Recreation*, 43(6), 22-27.
- Dieser, R. B.** (2007, July 12). *Implications of erectile dysfunction commercials during TV sports on male youth sexual activity* American Academy of Pediatrics Web Site
- ***Dieser, R. B.,** Harkema, R. P., Kowalski, C., Ijeoma, O., & Poppen, L. L. (2004). The portrait of a pioneer: A look back at 115 years of Jane Addams work at Hull-House – her legacy still lives on. *Parks and Recreation*, 39(9), 128-137.
- Ostiguy, L., & **Dieser, R.** (2004). Issues and developments of therapeutic recreation in Canada. *Expanding Horizons in Therapeutic Recreation*, 21, 21-26.

Scholl, K., **Dieser, R.**, & Schilling, A. (2004). Leisure educational systems: The “Together We Play” initiative. *Expanding Horizons in Therapeutic Recreation*, 21, 68-77.

*McClelland, M., & **Dieser, R. B.** (2004). Global perspectives on the leisure ability model: Case study of Japan. *Expanding Horizons in Therapeutic Recreation*, 21, 1-5.

Dieser, R. B., & Wilson, J. (2002). Learning to listen: Cross-ethnic therapeutic recreation service Delivery. *Parks and Recreation*, 37(5), 54-59.

Dieser, R. B., & Voight, A. (1998). Connecting therapeutic recreation services with relapse prevention intervention: Attribution retraining leisure education. *Parks and Recreation*, 33(5), 79-83.

Dieser, R. B., & Peregoy, J. J. (1998). Infusing multicultural education into Parks and Recreation training programs. *Parks and Recreation*, 33(3), 37-45.

Technical Research Report

Dieser, R., Johnson, C., Sherry, E., & Yang, X. (1998). *A research forest for the future: Building resource management partnerships*. Prince George, British Columbia: University of Northern British Columbia, Faculty of Natural Resources and Environmental Studies.

CD ROM Publications

Hudson, S., Olson, H., **Dieser, R. B.**, & Thompson, D. (2009). *Planning accessible SAFE playgrounds: Using the Americans with Disability Act – CD ROM (revised)*. National Program for Playground Safety, University of Northern Iowa, Cedar Falls, IA.

Hudson, S., Olson, H., **Dieser, R. B.**, & Thompson, D. (2002). *Planning accessible SAFE playgrounds: Using the Americans with Disability Act – CD ROM*. National Program for Playground Safety, University of Northern Iowa, Cedar Falls, IA.

Professional (Not Peer Review) Conference Presentations:

Keynote Addresses

Dieser, R. B. (2019, March). *Integrating flow theory and the serious leisure perspective into mental health counseling: A case report*. Morning keynote address at the 30th World Summit on Positive Psychology, Mindfulness, Psychotherapy and Philosophy, Chicago, IL, USA.

Dieser, R. B., & Ziemer, R. (2016, Nov.). *Not forgetting leisure in therapeutic recreation: A historical and present day case study of leisure for mental health coping at the Mayo Clinic Rochester Campus*. Mid-Day keynote address at the Minnesota Therapeutic Recreation Association Annual Symposium, Lakewood, Minnesota

Dieser, R. B. (2011, October). *Examining therapeutic recreation practice models through the lens of ethnicity*. Opening keynote address at the Alberta Therapeutic Recreation Association Annual Symposium, Calgary, Alberta, Canada

Dieser, R. B. (2011, October). *Leisure education toward happiness model*. Closing keynote address at the Alberta Therapeutic Recreation Association Annual Symposium, Calgary, Alberta, Canada

International

Dieser, R. B. (2024, June). *A call to the CTRA: Cross-cultural competence and learning from a sister profession*. Paper presented at the Canadian Therapeutic Recreation Association, Virtual Conference.

Dieser, R. B. (2024, June). *A logotherapy meaning-centered approach to therapeutic recreation practice*. Paper presented at the Canadian Therapeutic Recreation Association, Virtual Conference.

Dieser, R. B. (2022, June). *The serious leisure perspective and flow: Implications for mental health and clinical mental health counseling*. Invited lecture from Zhejiang University, College of Education speaker series to graduate students. (Virtual/zoom Presentation)

Dieser, R. B. (2015, November). *An overview of leisure education in North America and some thoughts to my Chinese academic counterparts*. National Academy of Economic Strategy, Chinese Academy of Social Sciences 2015 China Research Summit for Leisure and Tourism. Tianjin, China. (Poster Presentation)

Dieser, R. B. (2011, October). *Certification debate in Canada: Explaining the Mosaic certification framework to Alberta therapeutic Recreation specialists*. Paper presented at the Alberta Therapeutic Recreation Association Annual Symposium, Calgary, Alberta, Canada

Dieser, R. B. (2011, October). *Using attribution retraining and positive psychology interventions in therapeutic recreation practice to help people with depression and similar mental health disorders*. Paper presented at the Alberta Therapeutic Recreation Association Annual Symposium, Calgary, Alberta, Canada

Dieser, R. B. (2005, October). *Cross cultural aspects in developing inclusive recreation programs and services*. Invited paper presented at the 2005 International/National Symposium on Active Leisure for Citizens with Disabilities. Edmonton, Alberta, Canada.

Dieser, R. B. (2002, May). *Learning from the past: Understanding leisure education via research findings*. Paper presented at the Canadian Therapeutic Recreation Association Annual Conference, Calgary, Alberta, Canada.

Dieser, R. B. (2002, May). *Accreditation, certification, registration – What should we do? Outlining a Canadian vision for therapeutic recreation professionalism*. Paper presented at the Canadian Therapeutic Recreation Association Annual Conference, Calgary, Alberta, Canada

National, Regional, State

Dieser, R. B. (2024, May). *Using the serious leisure perspective in mental health counseling: An extension of wellness and case example*. Paper presented at the Iowa Mental Health Counselors Association annual conference, Des Moines, Iowa.

Dieser, R. B. (2024, April). *Creating mental health self-care plans for teachers: Preventing or remedying burnout and mental health struggles*. Paper presented at the University of Northern Iowa Social and Emotional Learning Conference, Cedar Falls, Iowa.

Dieser, R. B. (2024, April). *Religion and mental wellness*. Panel presented at the Iowa Religious Freedom Summit, Des Moines, Iowa.

Dieser, R. B. (2024, Feb.). *Developing self-care plans to increase mental well-being*. Paper presented at the Cedar Valley Interfaith Council annual community event, Waterloo, Iowa.

Dieser, R. B. (2023, October). *Frankl's concept of leisure: Inquire from five Frankl books*. Paper presented at the Logotherapy World Congress, Virtual Conference.

Dieser, R. B. (2023, Sept.). *How community parks and recreation are places of mental health*. Paper presented at the Iowa Parks and Recreation Association Annual Conference, Cedar Falls, Iowa.

Dieser, R. B. (2023, Sept.). *Burnout prevention for community parks and recreation professionals*. Paper presented at the Iowa Parks and Recreation Association Annual Conference, Cedar Falls, Iowa.

Dieser, R. B. (2023, June). *Cedar Rock – Frank Lloyd Wright*. Friends of Cedar Rock annual Strawberry Moon public event (Poster Presentation)

Dieser, R. B. (2023, April). *My friend Dr. Ken Mobily: Celebration of Ken's thoughts about the profession of therapeutic recreation*. Paper presented at the Iowa Inclusive and Therapeutic Recreation Association Annual Conference, Des Moines, Iowa

- Dieser, R. B.** (2023, April). *A logotherapy meaning-centered approach to therapeutic recreation*. Paper presented at the Iowa Inclusive and Therapeutic Recreation Association Annual Conference, Des Moines, Iowa.
- Hund, K., & Dieser, R. B.** (2023, Jan.). *Iowa History 101 - The story behind Frank Lloyd Wright's first usonian house built in Iowa: The Walter House in Cedar Rock*. Paper presented at the State Historical Society of Iowa.
<https://www.youtube.com/watch?v=VAMsmBze5bc>
- Dieser, R. B.** (2021, October). *Frankl's centripetal leisure: Connections to serious leisure and its role in counseling*. Paper presented at the Logotherapy World Congress, Virtual Conference.
- Dieser, R. B.** (2021, October). *Merging logotherapy with the therapeutic recreation and the therapeutic recreation intervention of leisure education: A model for centripetal leisure education and logotherapy meaning-centered therapeutic recreation*. Paper presented at the Logotherapy World Congress, Virtual Conference
- Dieser, R. B.** (2021, October). *Man's search for meaning: A discussion (on its 75th anniversary)*. Paper presented at the Hearst's Art Center monthly, Monthly Book Read, Cedar Falls, Iowa.
- Dieser, R. B.** (2020, April). *Viktor Frankl and leisure*. Paper presented at the Virtual Viktor Frankl Institute of Logotherapy Iowa LogoFellows. Iowa City, IA.
- Dieser, R. B.** (2021, March). *Homeless people in parks*. Paper presented at the Iowa Parks and Recreation Association Annual Conference, Virtual Conference.
- Dieser, R. B.** (2020, Feb.). *The serious leisure perspective and logotherapy: Helping people find meaning through the creation of an optimal leisure lifestyle*. Paper presented at the Viktor Frankl Institute of Logotherapy Iowa LogoFellows. Iowa City, IA.
- Dieser, R. B.** (2019, Sept). *The serious leisure perspective in mental health counseling*. Paper presented at the American Counseling Association of Iowa Annual Conference, Des Moines, Iowa.
- Dieser, R. B.** (2019, April). *Cross-cultural inclusive*. Paper presented at the Iowa Inclusive and Therapeutic Recreation Association Annual Conference, Des Moines, Iowa.
- Dieser, R. B.** (2018, November). *Cross-ethnic TR practice: Examining TR practice models: Part 2*. Paper presented at the Minnesota Therapeutic Recreation Association, Bloomington, MN.
- Dieser, R. B.** (2018, November). *TR cross-cultural Assessment – A primer: Part 1*. Paper presented at the Minnesota Therapeutic Recreation Association, Bloomington, MN.

- Dieser, R. B.** (2018, October). *Parks and recreation programming used at the Mayo Clinic: A 100-plus year case study of psychological wellness*. Paper presented at the Minnesota Parks and Recreation Association, Rochester, MN.
- Mobily, K., & **Dieser, R. B.** (2018, April). *Therapeutic recreation's other half: The P word as an outcome*. Paper presented at the Midwest Symposium on Therapeutic Recreation, Kansas City, MO.
- Dieser, R. B.** (2018, April). *Refocus on TR ecological practice to change healthcare environments: A case study of the world-famous Mayo Clinic*. Paper presented at the Iowa Therapeutic Recreation Association Annual Conference, Cedar Falls, Iowa.
- Dieser, R. B.** (2018, March). *Matching agency mission with inclusion*. Paper presented at the Iowa Parks and Recreation Association Annual Conference, Coreville, Iowa.
- Dieser, R. B.** (2017, November). *How leisure can improve mental health*. Paper presented at the Black Hawk County Chapter Meeting, National Alliance on Mental Illness, Waterloo, Iowa.
- Dieser, R. B.** (2017, August). *Leisure and making meaning in our lives*. Paper presented at the Wahls Protocol 2017 Seminar, Cedar Rapids, Iowa.
- Dieser, R. B.** (2017, April). *Part 1: TR cross-cultural assessment and communication*. Paper presented at the Iowa Therapeutic Recreation Association Annual Conference, Cedar Falls, Iowa.
- Dieser, R. B.** (2017, April). *Part 2: Basic principles in TR cross-cultural assessment*. Paper presented at the Iowa Therapeutic Recreation Association Annual Conference, Cedar Falls, Iowa.
- Dieser, R. B.** (2017, March). *Homeless people in community parks*. Paper presented at the Iowa Parks and Recreation Association Annual Conference, Waterloo, Iowa.
- Dieser, R. B.** (2016, Nov.). *Cross-cultural communication in therapeutic recreation practice*. Paper presented at the Minnesota Therapeutic Recreation Association Annual Symposium, Lakewood, Minnesota
- Dieser, R. B.** (2016, Sept.). *Increasing cross-cultural communication in VA mental health services: An experiential introduction*. Paper presented at the VA Health Care Mental Health Summit, Coralville, IA.
- Dieser, R. B.** (2016, April). *Settlement movement (1880-1920) as the origins of community therapeutic recreation*. Paper presented at the Midwest Symposium on Therapeutic Recreation, St. Louis, MO.

- Mobily, K., & **Dieser, R. B.** (2015, April). *The future of TR: Seeking alternatives*. Paper presented at the Iowa Parks and Recreation Association Annual Conference, Davenport, Iowa.
- Dieser, R.** (2012, February). *Making the connection: Teaching an online masters' program using adobe connect*. Presentation presented at the Digital Learning Day Brown Bag Lunch Session, Continuing Education, University of Northern Iowa, Cedar Falls, I
- Dieser, R. B.** (2010, April). *Gaining cross-ethnic awareness, knowledge, and skills in therapeutic recreation*. Paper presented at the Iowa Therapeutic Recreation Association Annual Conference, Cedar Falls, Iowa.
- Dieser, R. B.** (2006, April). *Leisure: A force for positive social change and human healing*. Paper presented at the Midwest/North Central Organization for Human Services Annual Conference, Dubuque, IA.
- Dieser, R. B.** (2006, April). *Cross-cultural awareness and cross-ethnic communication in therapeutic recreation*. Paper presented at the Midwest Symposium on Therapeutic Recreation, Lake Geneva, WI.
- Dieser, R. B.** (2006, March). *How family physicians in the Cedar Falls/Waterloo area perceive therapeutic recreation*. Paper presented at the Iowa Therapeutic Recreation Association Annual Conference, Cedar Falls, Iowa.
- Dieser, R. B.** (2005, April). *Critical thinking: A guide to selecting therapeutic recreation practice models when working with clients from diverse ethnic backgrounds*. Paper presented at the Iowa Therapeutic Recreation Association Annual Conference, Cedar Falls, Iowa.
- Scholl, K., Schilling, A., & **Dieser, R.** (2003, October). *Cedar Valley inclusive initiative: Model for community inclusion*. National Recreation and Park Association Congress, St. Louis, MO.
- Ostiguy, L., & **Dieser, R.** (2003, April). *Issues and developments of therapeutic recreation in Canada*. Paper presented at the Midwest Symposium on Therapeutic Recreation, Lake Geneva, WI.
- Dieser, R. B.** (2003, April). *A review on bridging the gap between practitioners and researchers*. Paper presented at the Iowa Therapeutic Recreation Association Annual Conference, Cedar Falls, Iowa.
- Dieser, R. B.**, Scholl, K. G., & Schilling, A. (2002, April). *Leisure education systems: The Cedar valley inclusive initiative*. Paper presented at the Midwest Symposium on Therapeutic Recreation, Springfield, IL.

Dieser, R. B. (2002, April). *A study on cross-cultural interactions in therapeutic recreation practice: Preliminary findings*. Paper presented at the Midwest Symposium on Therapeutic Recreation, Springfield, IL.

Dieser, R. B. (2002, April). *Nominal group technique to identify cultural competencies for therapeutic recreation assessment*. Paper presented at the Midwest Symposium on Therapeutic Recreation, Springfield, IL.

*McClelland, M., & **Dieser, R. B.** (2002, April). *Global perspectives on the leisure ability model: Case study of Japan*. Paper presented at the Midwest Symposium on Therapeutic Recreation, Springfield, IL.

Community Engagement Publications: Video, Radio, and /Newspaper Guest Opinion Pieces

Dieser, R. B. (2024, July 4). Thoughts on American democracy as a new citizen. *Deseret News*. Retrieved from: <https://www.deseret.com/opinion/2024/07/04/saving-democracy-through-compromise/>

Dieser, R. B. (2023, July 10). The secret to Abraham Lincoln's success. *Deseret News*. <https://www.deseret.com/2023/7/10/23789759/abraham-lincoln-elasticity-of-spirit-civil-war-polarization/>

Dieser, R. B. (2023, July 4). What I learned about the Constitution as I studied to become a U.S. citizen. *Public Square Magazine*. Retrieved from <https://publicsquaremag.org/politics-law/america/compromise-politics-us-canadian/>

Dieser, R. B. (2022, Dec. 9). Cognitive rigidity is not an American tradition. Why do we act like it is? *Deseret News*. Retrieved from: <https://www.deseret.com/2022/12/9/23422660/cognitive-rigidity-partisanship-polarization-lincoln>

Dieser, R. B. (2022, Oct. 21). How partisan passions are undermining Christian community. *Public Square Magazine*. Retrieved from: <https://publicsquaremag.org/faith/church-state/how-partisan-passions-are-undermining-Christian-community/>

Dieser, R. B. (2022, Aug 8). Modern religious hypocrisy and politics are all in the Easter story. Guest Opinion, *Salt Lake Tribune*. Retrieved from: <https://www.sltrib.com/opinion/commentary/2022/08/08/rodney-b-dieser-modern-religious/>

- Dieser, R. B.** (2020, May 8). A Christian's perspective on why churches are shedding members. Guest Opinion, *Des Moines Register*. Retrieved from <https://www.desmoinesregister.com/story/opinion/columnists/iowa-view/2021/08/15/religious-disaffiliation-rising-america-churches-masks-covid/5569036001/>
- Dieser, R. B., & Lee, K. J.** (2020, Feb. 1). Social reformer Ada S. McKinley deserves recognition in Chicago. Guest Opinion, *Chicago Tribune*. Retrieved from <https://www.chicagotribune.com/opinion/commentary/ct-opinion-ada-s-mckinley-chicago-20210201-efx42ovgunfpbc5v5z5w5h4vjm-story.html>
- Brewer, R., & Nebbe, C. (Producer). (2020, May 20). *Our new relationship with leisure*. [Talk of Iowa, Iowa Public Radio Program].³ Retrieved from <https://www.iowapublicradio.org/post/our-new-relationship-leisure#stream/0>
- Dieser, R. B.** (2020, May 17). In a pandemic, leisure can turn deadly. Guest Opinion, *Cedar Falls/Waterloo Courier*.
- Dieser, R. B.** (2020, May 8). Coronavirus pause: People need people, but it's risky to resume social activities so soon. Guest Opinion, *USA Today*. Retrieved from <https://www.usatoday.com/story/opinion/2020/05/08/coronavirus-too-risky-to-reopen-stop-social-distancing-column/3089745001/>
- Dorr, B. (Producer). (2018, April). Bruce Springsteen and moral development. [Backtracks, Iowa Public Radio Program].⁴
- Moon, L., Nebbe, C., & Stanton, B. (Producer). (2017, July 12). *Making hospitals feel more like home* [Talk of Iowa, Iowa Public Radio Program⁵]. Retrieved from <http://iowapublicradio.org/post/making-hospitals-feel-more-home#stream/0>
- Mayo Clinic Proceedings (Producer). (2017, July). *Mayo Clinic Proceedings Insights: Decreasing patient stress and physician/medical workforce burnout through healthcare environments: Uncovering the serious leisure perspective at the Mayo Clinic Rochester campus* [On-line Video⁶]. Retrieved from <http://www.mayoclinicproceedings.org/cms/attachment/2099057006/2078988220/mmc1.mp4>
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- ³ I am being interviewed by Iowa Public Radio related to a guest opinion I authored in the *USA Today* (see two reference below) regarding reopening the leisure industry amid the COVID-19 pandemic crises. Dr. Benjamin Hunnicut, a leisure historian from the University of Iowa, is also being interviewed on this program.
- ⁴ This Iowa Public Radio Program occurred on April 7, 2018. There is no podcast or web-link due to copyright law when playing musical songs on the radio. But I have a burned CD of the program.
- ⁵ I am being interviewed by Iowa Public Radio related to a study I co-authored in the *Mayo Clinic Proceedings*. See Refereed/Peer Review Academic Publications section of this CV on page 6.
- ⁶ This is a *Mayo Clinic Proceedings Insight video* of me explaining a study I co-authored in the *Mayo Clinic Proceedings*. See Refereed/Peer Review Academic Publications section of this CV on page eight. I was invited by the editor of *Mayo Clinic Proceedings* to make this video.

University of Lethbridge, Faculty of Education (Producer). (2017, May). 50th anniversary: Fondest memories. Retrieved from <http://www.uleth.ca/education/50th-anniversary#Rod%20Dieser>

Dieser, R. B. (2016, July 10). Research absent from debate over Harreld's hiring at UI. Guest Opinion, *Des Moines Register*. 3OP

Dieser, R. B. (2013, Jan. 2). Canadian disturbed by our lax attitude toward guns. Guest Opinion, *Des Moines Register*.

Dieser, R. B. (2012, Sept. 19). Iowa View: Others have a different story to tell about Canada. Guest Opinion, *Des Moines Register*.

Dieser, R. B. (2012, Jan. 8). U.S. spending on politics is sickening. Guest Opinion, *Cedar Falls/Waterloo Courier*.

Dieser, R. B. (2009, Sept. 20). A Canadian perspective on Obama's health plan. Guest Opinion, *Cedar Falls/Waterloo Courier*.

Dieser, R. B. (2004, May 23). Coaches' behavior will harm young soccer players. Guest Opinion, *Cedar Falls/Waterloo Courier*.

Professional Newsletter Publications

Dieser, R. B. (2007, Winter). What I have learned as editor of the SPRE Professor over the past three years (and a short introduction of the new editors). *SPRE Professor*, 1-4.

Dieser, R. B. (2007, Winter). The SPRE Professor: Learning from international voices and a future change. *SPRE Professor*, p. 1 [Editorial Column]. (please note that there was a printing error and this issue should have been the Fall – not winter – of 2007)

Dieser, R. B. (2006, Winter). Introducing the 2006 SPRE Professor. *SPRE Professor*, p. 1-2 [Editorial Column].

Dieser, R. B. (2006, Fall). SPRE Professor and an Australian journey. *SPRE Professor*, p. 1 [Editorial Column].

Dieser, R. B. & Lankford, S. (2005, Spring). Our thoughts regarding the re-printed article "Envisioning a family-friendly campus" by Loretta Czerins. *SPRE Professor*, p. 1 [Editorial Column].

Dieser, R. B. (2005, January). Outlining a Canadian Framework for Therapeutic Recreation Professionalism: A Mosaic Certification Framework Part II (Planting seeds). *Tribune*, 7-9. [Newsletter of the Canadian Therapeutic Recreation Association].

Dieser, R. B. (2004, Fall). Outlining a Canadian Framework for Therapeutic Recreation Professionalism: A Mosaic Certification Framework Part I. *Tribune*, 6-7. [Newsletter of the Canadian Therapeutic Recreation Association].

Dieser, R. B. (2002, June). Overcoming leisure barriers. *Utah Turner's Syndrome Society Newsletter*.

Dieser, R. B. (2002, February). Common leisure barriers that prevent people with special needs/disabilities and their families to experience leisure. *Utah Turner's Syndrome Society Newsletter*.

Dieser, R. B. (2001, December). The importance of leisure. *Utah Turner's Syndrome Society Newsletter*.

Dieser, R. B. (2000, Summer). Professionalization and Certification: The Need for Critical Thinking and Discussion. *Tribune* [Newsletter of the Canadian Therapeutic Recreation Association].

Dieser, R. B. (1999, Spring). Collaborative Research: We can prove our efficacy! Part I. 59, 1-3. [Newsletter of the Alberta Therapeutic Recreation Association].

Dieser, R. B. (1999, Summer). Collaborative Research: We can prove our efficacy! Part II. *ATRIBUTE*, 60, 1-3. [Newsletter of the Alberta Therapeutic Recreation Association].

Interviewed and/or Quoted in Professional Magazines, New Media, Newspapers

Vinicky, A. (2021, Feb. 28). Rewriting history: Recognizing Black trailblazer Ada McKinley. WTTTC Chicago PBS. Retrieved from <https://mail.google.com/mail/u/0/#inbox/WhctKJWQgkvjxwjcfqQDBqnGGrZLgthVbgFWPnJZKvCQpzzGjRxZjmDSnKpvWwmhcJjZzQ>

Francisco, T. (2021, Feb. 18). Remembering seldom recognized trailblazer Ada Sophia McKinley. *WGN Chicago News*. Retrieved from <https://wgntv.com/news/black-history-month/remembering-seldom-recognized-trailblazer-ada-sophia-mckinley/>

Sanders, D. (2021, Jan. 10). Ada S. McKinley deserves her place in history. *Chicago Defender*. Retrieved from <https://chicagodefender.com/ada-s-mckinley-deserves-her-place-in-history/>

Jones, W. (2021, Feb. 1). Ada S. McKinley, founder of South Side Settlement House, one of Black Chicago's unsung heroes. *ABC Chicago Eyewitness News*. Retrieved from <https://abc7chicago.com/society/ada-s-mckinley-one-of-black-chicagos-unsung-heroes-scholars-say/10228111/>

Rockett, D. (2021, Jan. 14). Chicago's Ada S. McKinley is way overdue for some appreciation, according to researchers who delved into her history as an early 20th century social reformer. *Chicago Tribune*. Retrieved from <https://www.chicagotribune.com/lifestyles/ct-life-ada-s-mckinley-recognition-011520210114-vgs7nksilbb5vehyev7blcckm-story.html>⁷

Meyers, L. (2018). Building client and counselor resilience. *Counseling Today*, 61(7), 22-27.

Meyers, L. (2017). The (misguided) pursuit of happiness. *Counseling Today*, 59(7), 34-38

TEACHING AND GRADUATE SUPERVISION

Teaching Philosophy and Interests

I ascribe to a scholar/researcher-practitioner model, in which a professor has one foot in scholarship/research and another foot in professional practice. I also deeply believe in an interdisciplinary framework, which posits that thinkers should spend a good amount of time engaged in professional fields outside of the discipline they were trained in order to design creative endeavors and become a critical thinker.

The acronym **RICEE** best describes my teaching philosophy: Respect, Information, Critical Thinking, and Enthusiasm. **Respect** for the students, his or her cultural background, and ideas are a paramount element in developing a multicultural learning environment; without it, learning becomes hegemonic. This includes being aware of my own social and cultural identities and purposefully not privileging them and allowing students to share their cultural perspective related to the subject matter. It also means being flexible in learning, changing classroom assignments at the group or individual level, and having students teach me as we explore a subject matter together. I have found that a multicultural learning environment can be developed by taking a case studies, problem-based learning, or project-based learning approach to learning. Although there is a place where teachers must provide technical **information** students need, learning and professional practice must also include **critical thinking** skills required in order to analyze issues, solve problems, and communicate and defend findings. **Enthusiasm** for the subject matter and the students is a must. Students are very much aware of an instructor's attitude regarding the course and the individuals he/she is teaching. Finally, student **engagement in the community** is paramount to learning as it is where theory and classroom instruction becomes real in professional practice and in everyday life.

My research and teaching interests include: (1) leisure and mental health, including leisure and wellness embedded in mental health counseling, youth development/emerging adulthood and leisure services at Mayo Clinic, (2) cross-cultural therapeutic recreation and leisure service

⁷ This *Chicago Tribune* article was picked up by newspapers around the country, including in Kansas, California and Mississippi. See <https://www.bradenton.com/living/article248585775.html>
<https://www.kansas.com/living/family/article248585775.html>
<https://www.sacbee.com/entertainment/living/family/article248585775.html>

delivery, (3) cultural and heritage tourism, (4) inclusive recreation and leisure education services for people with disabilities, (5) historical and philosophical foundations of leisure, youth, and nonprofit human services, including Hull-House, 1889-1953 and the African-American South Side Settlement House, 1920-1950, and (6) the nexus between moral development and songs/short stories of musician Bruce Springsteen.

Classes Taught:

Undergraduate Level: (1) Recreation, Tourism, and Nonprofit Leadership⁸ and (2) Dimensions of Well-Being

University of Northern Iowa (2001 – present)

- Foundations of Tourism
- Dynamics of Human Development
- Diversity in Leisure, Youth, and Human Services
- Programming in Leisure, Youth, and Human Services
- Philosophical Foundations of Leisure, Youth, and Human Services
- Foundations of Therapeutic Recreation
- Philosophical Ideologies in Therapeutic Recreation
- Therapeutic Recreation Intervention
- Assessment, Programming, and Evaluation in Therapeutic Recreation
- Administrative Practice in Therapeutic Recreation
- Technology, Cross-Cultural and Evidence-Based Practice In Therapeutic Recreation
- Research and Evaluation in Leisure, Youth, and Human Services
- Internship in Leisure, Youth, and Human Services
- Dimensions of Well-Being
- Moral Psychology/Wellness in the Music of Bruce Springsteen
- Stress Management
- Critical Thinking in a Democratic Society

University of Alberta (1998 – 2001)

- Leisure and Culturally Diverse Populations
- Senior Seminar in Contemporary Issues in Recreation Practice
- Leisure Education
- Leisure and Human Behavior
- Introduction to Outdoor Environmental Education
- Critical Thinking in Physical Education and Recreation

⁸ Please note that the Recreation, Tourism, and Nonprofit Leadership changed its name from Leisure, Youth, and Human Development in 2018.

University of Northern British Columbia (1997 – 1998)

- Outdoor Recreation for People with Special Needs
- Organization & Management of Resource Recreation

Utah State University (1996)

- Leisure in Modern America

University of Utah (1993 - 1995)

- Senior Leadership Internship in Therapeutic Recreation
- Senior Leadership Internship in Parks, Recreation, & Tourism
- Seminar in leadership training (pre-internship)
- Exploratory Fieldwork Experience
- Recreation for Special Populations

Graduate Level: (1) Recreation, Tourism, and Nonprofit Leadership, (2) Philanthropy and Nonprofit Management, and (3) Clinical Mental Health Counseling

University of Northern Iowa (2001 – present)

- Foundations Community Health and Recreation
- Social Policy and Issues in Leisure, Youth, and Human Service
- Evaluation, Research, and Accountability
- Models of Intervention with Youth
- History and Philosophy of Leisure, Youth, and Human Service
- Strategic Program Management
- Applied Research Methods
- Research and Evaluation Seminar
- Philanthropy and Nonprofit Development
- Trends and Issues in Philanthropy and Nonprofit Development
- Introduction to Professional Counseling
- Professional Orientation and Ethics in Counseling
- Group Counseling
- Intervention & Prevention in Lifespan Development

Doctoral Level in College of Education

University of Northern Iowa (2001 – present)

- Qualitative Methods in Educational Research
- Advanced Qualitative Methods in Educational Research

Doctoral Students' Dissertation Chaired/Co-Chaired

- Fox, D. (2018). Mindsets among education professors in a Midwest private college. [Doctoral Dissertation, College of Education, Division of Educational Leadership] (Co-chaired with Dr. Kim Huckstadt)
- Adebiyi, M. E. (2018). *Serious leisure as a catalyst to community development*. [Doctoral Dissertation, College of Education, Division of Allied Health, Recreation, and Community Services] (Co-chaired with Dr. Christopher Edginton)
- Garber, C. (2014). *Doorways and walls: Peer coaching as a means to change instructional practice*. [Doctoral Dissertation, College of Education, Division of Educational Leadership] (co-chaired with Dr. Victoria Robinson)
- Gray, S. (2014). *Hero To Zero: Stress Perceptions of the Public School Administrator and His Spouse*. [Doctoral Dissertation, College of Education, Division of Educational Leadership] (co-chaired with Dr. Nick Pace)
- Jackson, G. (2011) *The value of leisure in coping with natural disaster: A case study in the aftermath of Hurricane Katrina*. Unpublished Doctoral Dissertation, Division of Leisure, Youth, and Human Services, University of Northern Iowa, Cedar Falls, Iowa, USA
- Cryer, J. D. (2009). *How do beginning administrators navigate through their first year in the middle school principalship?* Unpublished Doctoral Dissertation, Division of Educational Leadership, University of Northern Iowa, Cedar Falls, Iowa, USA (Co-chaired with Dr. Nick Pace)

Doctoral Dissertation Committee Member

- Worthington, G. (2023). *The flow experience of adults age 50 and older in recreational doubles pickleball*. [Doctoral Dissertation, College of Education, Division of Allied Health, Recreation, and Community Services]
- Chumrley-Birch, D. (2019). *Constraints to African American college women's leisure-time physical activity and use of campus recreation services and facilities: A retrospective ethnographic exploration of experience*. [Doctoral Dissertation, College of Education, Division of Allied Health, Recreation, and Community Services]
- Sivia, C. (2019). *Identifying and overcoming barriers to college student success*. [Doctoral Dissertation, College of Education, Division of Curriculum and Instruction]
- Hassan, Y. (2018). *A study of non-profit leader's risk taking propensity and managerial leadership styles*. [Doctoral Dissertation, College of Education, Division of Allied Health, Recreation, and Community Services]

- Elser, C. (2017). *The power of team in IEP meetings*. [Doctoral Dissertation, College of Education, Division of Curriculum and Instruction]
- Teske, J. (2017). *Outcomes, perceptions, experiences in one CPED-aligned educational doctoral (Ed.D) program*. [Doctoral Dissertation, College of Education, Division of Curriculum and Instruction]
- Friest, S. (2015). *Coaching for Independence, Self-Regulation, and Transfer: A Qualitative Journey of an Elementary Literacy Coach's Practice*. [Doctoral Dissertation, College of Education, Division of Curriculum and Instruction]
- Reade, M. K. (2014). *Professional educators of Iowa member perspectives about Iowa state education association and national education association membership and political activities*. [Doctoral Dissertation, College of Education, Division of Educational Leadership]
- Wells, M. T. (2013). *The voice of the voiceless: The effects of labeling children in public schools*. [Doctoral Dissertation, College of Education, Division of Educational Leadership]
- Briggs, D. B. (2013). *Identification of motivation in senior individuals who engage in the adventure experience of ice climbing*. [Doctoral Dissertation, College of Education, Division of Leisure, Youth, and Human Services]
- De Jong, D. (2012). *Intensive mentoring: Stimulators of and barriers to coaching, spiritual guide, and discipline relationships*. [Doctoral Dissertation, College of Education, Division of Educational Leadership]
- Schuchart, D. (2012). *Embedded experiences, critical conversations: Learning about teaching in a professional development school cohort setting*. [Doctoral Dissertation, College of Education, Division of Leisure, Youth, and Human Services]
- Ford, T. (2010). *A glance backwards: An analysis of youth resiliency through autoethnographical and life history lessons*. [Doctoral Dissertation, College of Education, Division of Leisure, Youth, and Human Services]
- Perry, B. (2010). *Is the coach ready for the game? A self-study in literacy education*. [Doctoral Dissertation, College of Education, Division of Curriculum and Instruction]
- Rod-Welch, L. (2010). *Leisure and aging: A content analysis of leisure textbooks and leisure academic journal articles*. [Doctoral Dissertation, College of Education, Division of Leisure, Youth, and Human Services]

Olsen, H. (2007). *Considerations for delivery of online professional development courses for childcare professionals*. [Doctoral Dissertation, College of Education, Division of Curriculum and Instruction]

Ding, H. (2006). *Students at a Chinese radio and television university: Reasons for participation and perceptions of their status as students and the quality of their learning* [Doctoral Dissertation, College of Education, Division of Curriculum and Instruction]

Master Students' Thesis Chaired

Cebula, E. (2005). *Collaboration in human services: A case study of an after-school program*. Unpublished master's thesis, Division of Leisure, Youth, and Human Services, University of Northern Iowa, Cedar Falls, Iowa, USA

Harkema, R. (2004). *Exercise motivation, perceived constraint, and obesity*. Unpublished master's thesis, Division of Leisure, Youth, and Human Services, University of Northern Iowa, Cedar Falls, Iowa, USA

Master Students' Three-Chapter Research Paper (non-thesis) Chaired

Arroyo, H. S. (2024). *Components of effective after school programs in under resourced communities*. Division of Recreation, Tourism, and Community Services, University of Northern Iowa, Cedar Falls, Iowa USA

Meller, C. (2018). *An examination of the pertinent literature of the approaches to donor centered funding within a major gift fundraising program*. Unpublished research paper, Division of Leisure, Youth, and Human Services and Continuing Education, University of Northern Iowa, Cedar Falls, Iowa USA

Nelson, A. M. (2017). *Donor intent: Presenting historical accounts of World War II women philanthropists and how their actions impacted the word*. Unpublished research paper, Division of Leisure, Youth, and Human Services and Continuing Education, University of Northern Iowa, Cedar Falls, Iowa USA

Skow, A. (2017). *Perception of empowerment: Improving March of Dimes Iowa Chapter through empowerment*. Unpublished research paper. Division of Leisure, Youth, and Human Services and Continuing Education, University of Northern Iowa, Cedar Falls, Iowa USA

Ball, S. (2017). *Advanced strategies in community outreach at Iowa Humane alliance*. Unpublished research paper. Division of Leisure, Youth, and Human Services and Continuing Education, University of Northern Iowa, Cedar Falls, Iowa USA

- Jefferson, A. (2017). *How nonprofit organizations have impacted the lives of children of incarcerated parents*. Unpublished research paper, Division of Leisure, Youth, and Human Services and Continuing Education, University of Northern Iowa, Cedar Falls, Iowa USA
- Cole, M. (2017). *The impact of social enterprise: Utilizing earned income strategies by nonprofit organizations*. Unpublished research paper, Division of Leisure, Youth, and Human Services and Continuing Education, University of Northern Iowa, Cedar Falls, Iowa USA
- Mensing, B. (2017). *Crises communication for nonprofits: A comparison of response strategies*. Unpublished research paper, Division of Leisure, Youth, and Human Services and Continuing Education, University of Northern Iowa, Cedar Falls, Iowa, USA
- Roach, L. (2017). *The history of philanthropy in America and our evolution to giving circles*. Unpublished research paper, Division of Leisure, Youth, and Human Services and Continuing Education, University of Northern Iowa, Cedar Falls, Iowa, USA
- Dunnwald, C. (2017). *Effective fundraising and volunteer recruitment in urban and rural communities*. Unpublished research paper, Division of Leisure, Youth, and Human Services and Continuing Education, University of Northern Iowa, Cedar Falls, Iowa, USA
- Wehrenberg, J. (2017). *Fundraising through donor segmentation*. Unpublished research paper, Division of Leisure, Youth, and Human Services and Continuing Education, University of Northern Iowa, Cedar Falls, Iowa, USA
- Fitzgerald, B. (2017). *A new generation of volunteering in America*. Unpublished research paper, Division of Leisure, Youth, and Human Services and Continuing Education, University of Northern Iowa, Cedar Falls, Iowa, USA
- Tonsfeldt, A. (2016). *Generational differences and the leadership transition in nonprofit organizations*. Unpublished research paper, Division of Leisure, Youth, and Human Services and Continuing Education, University of Northern Iowa, Cedar Falls, Iowa, USA
- Branch, J. (2015). *The downside of being up: The blight of the nonprofit pedestal*. Unpublished research paper, Division of Leisure, Youth, and Human Services and Continuing Education, University of Northern Iowa, Cedar Falls, Iowa, USA
- Rogaczewski, E. (2015). *Evidence for the benefits of one-stop shop non-profits*. Unpublished research paper, Division of Leisure, Youth, and Human Services and Continuing Education, University of Northern Iowa, Cedar Falls, Iowa, USA

- Applyby, K. (2015). *Unleashing the “monster” in the closet: A look at planned giving*. Unpublished research paper, Division of Leisure, Youth, and Human Services and Continuing Education, University of Northern Iowa, Cedar Falls, Iowa, USA
- Rottinghaus, N. (2015). *A study for comprehensive and collaborative relationships: Partnering public schools and nonprofit outdoor programs*. Unpublished research paper, Division of Leisure, Youth, and Human Services and Continuing Education, University of Northern Iowa, Cedar Falls, Iowa, USA
- Kehret, E. (2015). *The use of marketing in nonprofit organizations*. Unpublished research paper, Division of Leisure, Youth, and Human Services and Continuing Education, University of Northern Iowa, Cedar Falls, Iowa, USA
- Danielson, C. (2015). *To due(s) or not to due(s): Motivational theories of alumni*. Unpublished research paper, Division of Leisure, Youth, and Human Services and Continuing Education, University of Northern Iowa, Cedar Falls, Iowa, USA
- Craft, A. (2015). *National service in America: Evaluating motivation and trends of baby boomers versus millennials*. Unpublished research paper, Division of Leisure, Youth, and Human Services and Continuing Education, University of Northern Iowa, Cedar Falls, Iowa, USA
- Malcheff, J. (2015). *Generational characteristics: How do we all play together*. Unpublished research paper, Division of Leisure, Youth, and Human Services and Continuing Education, University of Northern Iowa, Cedar Falls, Iowa, USA
- Saveraid, E. (2015). *Non-profit marketing strategies for small organizations*. Unpublished research paper, Division of Leisure, Youth, and Human Services and Continuing Education, University of Northern Iowa, Cedar Falls, Iowa, USA
- Declat, J. (2015). *Controversy of salaries: Nonprofit versus market sectors examining the retention of nonprofit employees*. Unpublished research paper, Division of Leisure, Youth, and Human Services and Continuing Education, University of Northern Iowa, Cedar Falls, Iowa, USA
- Shields, E. (2015). *Strength in numbers: Collaborating to support nonprofit advocacy*. Unpublished research paper, Division of Leisure, Youth, and Human Services and Continuing Education, University of Northern Iowa, Cedar Falls, Iowa, USA
- Watson, S. (2015). *Sustainable micro-financing: Improving micro-enterprise’s traditional measures of success*. Unpublished research paper, Division of Leisure, Youth, and Human Services and Continuing Education, University of Northern Iowa, Cedar Falls, Iowa, USA

- Heins, E. (2015). *How to build an effective, engaged nonprofit board of directors*. Unpublished research paper, Division of Leisure, Youth, and Human Services and Continuing Education, University of Northern Iowa, Cedar Falls, Iowa, USA
- Ueland, J. (2015). *Donor development in challenging circumstances: Addressing economic troubles and donor-held stereotypes to increase nonprofit giving by individuals*. Unpublished research paper, Division of Leisure, Youth, and Human Services and Continuing Education, University of Northern Iowa, Cedar Falls, Iowa, USA
- Falk, W. (2015). *Student philanthropy pedagogy: Committed to the growth as well as the development of minds and hearts; exploring citizen action for the common good in classrooms, communities and lives*. Unpublished research paper, Division of Leisure, Youth, and Human Services and Continuing Education, University of Northern Iowa, Cedar Falls, Iowa, USA
- Ford, S. (2015). *Health and gratitude: Grateful patient fundraising practices and considerations*. Unpublished research paper, Division of Leisure, Youth, and Human Services and Continuing Education, University of Northern Iowa, Cedar Falls, Iowa, USA
- McKinstry, G. (2014). *Management factors associated with governing successful collegiate athletic and Leisure service organizations*. Unpublished research paper, Division of Leisure, Youth, and Human Services, University of Northern Iowa, Cedar Falls, Iowa, USA
- Freeman, L. (2013). *The rise of the benefit corporation: An examination of the strengths and potential obstacles to long term success*. Unpublished research paper, Division of Leisure, Youth, and Human Services and Continuing Education, University of Northern Iowa, Cedar Falls, Iowa, USA
- Darst, J. (2013). *Strategic planning in nonprofit organizations: Its role, significance and determining effectiveness*. Unpublished research paper, Division of Leisure, Youth, and Human Services and Continuing Education, University of Northern Iowa, Cedar Falls, Iowa, USA
- Betts, K. (2013). *Capitalizing on human capital: An examination of employee motivation in a changing nonprofit landscape*. Unpublished research paper, Division of Leisure, Youth, and Human Services and Continuing Education, University of Northern Iowa, Cedar Falls, Iowa, USA
- Ridgeway, D. (2013). *The state of the "Gen Y" estate: An examination of leadership traits necessary for nonprofit organizations to secure the Millennial Generation as loyal donors and employees*. Unpublished research paper, Division of Leisure, Youth, and Human Services and Continuing Education, University of Northern Iowa, Cedar Falls, Iowa, USA

- Yoder, R. (2013). *An Iowa-based secondary school scholarship program for students in the Pare Diocese of Tanzania: An examination of the pertinent literature*. Unpublished research paper, Division of Leisure, Youth, and Human Services and Continuing Education, University of Northern Iowa, Cedar Falls, Iowa, USA
- Patthoff, M. (2013). *Healthcare reform and philanthropy*. Unpublished research paper, Division of Leisure, Youth, and Human Services and Continuing Education, University of Northern Iowa, Cedar Falls, Iowa, USA
- Sakas, G. (2013). *Volunteer satisfaction at the National Mississippi River Museum and Aquarium*. Unpublished research paper, Division of Leisure, Youth, and Human Services and Continuing Education, University of Northern Iowa, Cedar Falls, Iowa, USA
- Kampman, L (2013). *An examination of the policies, procedures, and complexities of gift acknowledgement and donor recognition in higher education philanthropy*. Unpublished research paper, Division of Leisure, Youth, and Human Services and Continuing Education, University of Northern Iowa, Cedar Falls, Iowa, USA
- Dunn, S. (2013). *Mergers: The power of collaboration and partnerships*. Unpublished research paper, Division of Leisure, Youth, and Human Services and Continuing Education, University of Northern Iowa, Cedar Falls, Iowa, USA
- Hunzelman, A. (2013). *Full STEAM ahead: Arts integration and the common core*. Unpublished research paper, Division of Leisure, Youth, and Human Services and Continuing Education, University of Northern Iowa, Cedar Falls, Iowa, USA
- Anderson, J. (2013). *Volunteer motivations: Recruitment and retention*. Unpublished research paper, Division of Leisure, Youth, and Human Services and Continuing Education, University of Northern Iowa, Cedar Falls, Iowa, USA
- Beets, P. A. (2011). *The serious leisure perspective*. Unpublished research paper, Division of Leisure, Youth, and Human Services, University of Northern Iowa, Cedar Falls, Iowa, USA
- Williams, J. R. (2011). *Home and community based services Medicaid funded waivers: A history and overview*. Unpublished research paper, Division of Leisure, Youth, and Human Services, University of Northern Iowa, Cedar Falls, Iowa, USA
- Kent, J. (2011). *Creating a successful volunteer board of directors*. Unpublished research paper, Division of Leisure, Youth, and Human Services and Continuing Education, University of Northern Iowa, Cedar Falls, Iowa, USA

- Payne, J. (2011). *First year experiences of women in nonprofit organizations: Does the current literature correspond with the reality of the office?* Unpublished research paper, Division of Leisure, Youth, and Human Services and Continuing Education, University of Northern Iowa, Cedar Falls, Iowa, USA
- Kuntz, T. (2011). *Examining the Cause-Related Marketing Relationship Between Children's Miracle Network and Walmart: Initial Development of an Ethical Decision Making Framework.* Unpublished research paper, Division of Leisure, Youth, and Human Services and Continuing Education, University of Northern Iowa, Cedar Falls, Iowa, USA
- Erickson, K. (2011). *Cause-related marketing partnerships: Is it a win-win?* Unpublished research paper, Division of Leisure, Youth, and Human Services and Continuing Education, University of Northern Iowa, Cedar Falls, Iowa, USA
- Hackbarth, E. (2011). *Donor cultivation: An examination of the current recession and the resulting nonprofit dilemma.* Unpublished research paper, Division of Leisure, Youth, and Human Services and Continuing Education, University of Northern Iowa, Cedar Falls, Iowa, USA
- Torres, K. T. (2011). *Multi-generational communication: A study of communication between generations.* Unpublished research paper, Division of Leisure, Youth, and Human Services and Continuing Education, University of Northern Iowa, Cedar Falls, Iowa, USA
- Ho, J. (2009). *Are paralympic athletes experiencing serious leisure?* Unpublished research paper, Division of Leisure, Youth, and Human Services, University of Northern Iowa, Cedar Falls, Iowa, USA
- Jermier, J. (2009). *Constituents development officer staff retention: An examination of the pertinent literature of the relationship between methods and staff retention and morale with constituent development officers at the University of Northern Iowa Foundation.* Unpublished research paper, Division of Leisure, Youth, and Human Services and Continuing Education, University of Northern Iowa, Cedar Falls, Iowa, USA
- Kluender, S. (2009). *Donor intent: An examination of the pertinent literature between donors and charities and the legalities of complying with the donor's restrictions on gifts.* Unpublished research paper, Division of Leisure, Youth, and Human Services and Continuing Education, University of Northern Iowa, Cedar Falls, Iowa, USA
- Rodriguez, A. (2007). *Play behaviors on outdoor play structures.* Unpublished master's research paper, Division of Leisure, Youth, and Human Services, University of Northern Iowa, Cedar Falls, Iowa, USA.

Henderson, J. (2006). *How Jesse Cosby relates to the history of leisure and youth services in Black Hawk County*. Unpublished research paper, Division of Leisure, Youth, and Human Services, University of Northern Iowa, Cedar Falls, Iowa, USA

Rod, L (2006). *Constraints on leisure: An autoethnography of constraining factors in my leisure experiences (as an Iranian woman)*. Unpublished research paper, Division of Leisure, Youth, and Human Services, University of Northern Iowa, Cedar Falls, Iowa, USA

Schantz, H. (2005). *Meeting the leisure needs of the fourth coming baby boomers: Research and programming development*. Unpublished master's research paper, Division of Leisure, Youth, and Human Services, University of Northern Iowa, Cedar Falls, Iowa, US

Davis, S. E. (2004). *A mass leisure investigation: The mammy and jezebel stereotype portrayed in Cosmopolitan magazine*. Unpublished research paper, Division of Leisure, Youth, and Human Services, University of Northern Iowa, Cedar Falls, Iowa, USA

Graduate Thesis or Research Paper Committee Member

Wunderlich, D. R. (2015). *A discussion of the economic impact of visitors to the University of Northern Iowa wellness/recreation center*. [Research Paper, School of HPELS, Division of LYHS]

Smith, J. (2014). *An examination of the pertinent literature focused on the importance performance analysis and how it can be applied to the World Leisure organization*. [Research Paper, School of HPELS, Division of LYHS]

Juhl, A. (2014). *A case study: Sex education in mainline protestant denominations*. [Masters Thesis, School of HPELS, Division of Health Promotion]

Kong, Y. (2006). *Perception of youth participation of human service collaboration among youth workers in Hong Kong*. [Masters Thesis, School of HPELS, Division of LYHS]

Yan, W. (2005). *What motivates college students to become first year camp counselors in Camp Adventure Youth Services*. [Masters Thesis, School of HPELS, Division of LYHS]

Glanz, A. R. (2005). *Multi-agency inclusive recreation service delivery model: An assessment of services*. [Master's Thesis, School of HPELS, Division of LYHS]

Stille, S. (2004). *Pioneers in youth services*. [Research Paper, School of HPELS, Division of LYHS]

Osuji, I. (2004). *The relationship of racial identity and ethnic fit in the leisure preference choice of African -American students at a predominately white university*. [Research Paper, School of HPELS, Division of LYHS]

Boateng, Y. (2003). *United Nations convention on the rights of the child: Participation rights of the child and the role of youth work*. [Research Paper, School of HPELS, Division of LYHS]

Inter-Institution Graduate Thesis or Professional Committee Member

Hefel, S. (Dec. 2023). Impact of recreational therapy yoga on mental health. [Research Defense/Presentation for Clinical Specialist Consideration, Rehabilitation Therapies, University of Iowa Hospital and Clinics, Iowa City, Iowa]⁹

Hernesniemi, M. (2022). The search for meaning in therapeutic recreation. [Masters of Science, Thesis, Faculty of Health Sciences, University of Lethbridge, Canada]

GRANT ACTIVITY

- **State Historical Society of Iowa Research Grant** (2022-2023) -- not funded
- **State Historical Society of Iowa Research Grant** (2021-2022) -- not funded
- **National Endowment for the Humanities Summer Stipends** (2021-2022) -- not funded
- **National Endowment for the Humanities Summer Stipends** (2020-2021) -- not funded
- **UNI College of Education Research Technology Grant** (2005-2006) – funded at \$7000
- **Iowa Department of Human Rights Community Services Block Grant** (2001-2002) – not funded

SERVICE

Academic Service

Editor, International Forum of Logotherapy. Viktor Frank Institute of Logotherapy 2021 - present

Co-Editor (with Dr. Benjamin Hunnicutt from the University of Iowa), *Frank Lloyd Wright Quarterly* special issue of leisure and play. Frank Lloyd Wright Foundation 2024

Advisory Committee Member, Hospitality Management, Hawkeye Community College, 2022 – present

Assistant Editor, International Forum of Logotherapy. Viktor Frank Institute of Logotherapy 2020-2021

⁹ Sarah Hefel graduated from the University of Northern Iowa in 2007 in therapeutic recreation. In order to advance to Clinical Specialist in Rehabilitation Therapies at the University of Iowa Hospital and Clinics she had to write an advanced research paper and present an evidence-based intervention (yoga) to upper administration. A year prior I was invited to help guide her by Jon Mitchell, who serves as her supervisor and clinical specialist in recreation therapy.

Associate Editor, Leisure/Loisir [Refereed Academic Journal of the Canadian Association of Leisure Studies], 2010 – Present

Assistant Editor, International Forum of Logotherapy. Viktor Frank Institute of Logotherapy 2020

Special Advisor, Anthology titled “Healing Milieu: Leisurely Spaces at Mayo Clinic” (Published April 7, 2021). Mayo Clinic Dolores Jean Lavins Center for Humanities, Mayo Clinic, 2018-2021.

Associate Editor, *Therapeutic Recreation Journal* [Refereed Academic Journal, National Therapeutic Recreation Society, National Recreation and Park Association], 2004 – 2021

Member of Scientific/Planning Committee, International symposium on inclusive leisure experiences at Université du Québec à Trois-Rivières, 2018-2019 (symposium October 22 – 23, 2019)

Coordinator, Institute on Inclusion, Social Recreation, and Community, Midwest Symposium on Therapeutic Recreation, 2018.

Coordinator, Institute on Inclusion, Social Recreation, and Community, Midwest Symposium on Therapeutic Recreation, 2016.

Guest Editor, *International Leisure Review*. 2015 Volume 4 Issue 2: Special issue on qualitative research in parks, leisure, and recreation science/services

Guest Editor, *World Leisure Journal*. 2015 Volume 57 Issue 1: Special issues on Global Therapeutic Recreation

Editorial Review Board Member, Cultural Diversity and Recreational Therapy, *American Journal of Recreation Therapy*, 2012 – 2019.

Chair, World Leisure Commission on Inclusive Recreation and Therapeutic Recreation, 2012

Co-editor, *The SPRE Professor* [Academic Newsletter for the Society of Parks and Recreation Educators, National Recreation and Park Association], 2004 – 2007

Reviewer, Midwest/North Central Organization For Human Services, Annual Professional Conference, 2010

Reviewer, Midwest/North Central Organization For Human Services, Annual Professional Conference, 2009

Reviewer, Midwest/North Central Organization For Human Services, Annual Professional Conference, 2008

Reviewer, Midwest/North Central Organization For Human Services, Annual Professional Conference, 2007

Research Review Coordinator, *National Park and Recreation Association Leisure Research Symposium* Session on “Recreation for Special Populations” 2003

Academic Manuscript Reviewer

Books

Palgrave Publication proposal: *The serious leisure perspective: A synthesis of theory and research* (authored by Robert. A. Stebbins), 2019

Routledge Publications, possible second edition *Applied positive psychology: Improving everyday life, health, schools, work, and society* (edited by Donaldson, Csikszentmihalyi & Nakamura), 2016.

Palgrave Macmillan Press proposal (possible upcoming book) *Leisure in a global society*, 2012.

Routledge Publications proposal (for an upcoming book) *Theory, practice and new paradigms for educational philanthropy and fundraising*, 2011.

Academic Journals

World Leisure Journal 2021 (as reviewer -- second review after revisions)

World Leisure Journal 2021 (as reviewer)

Loisir et Société / Society and Leisure 2020 (as reviewer -- second review after revisions)

Loisir et Société / Society and Leisure 2020 (as reviewer)

Leisure/Loisir, 2020 (as reviewer-- second review after revisions)

Leisure/Loisir, 2020 (as reviewer)

Therapeutic Recreation Journal, 2019 (as Associate Editor)

Therapeutic Recreation Journal, 2017 (as reviewer)

World Leisure Journal 2017 (as reviewer-- second review after revisions)

Aggression and Violent Behavior 2017 (as reviewer)

World Leisure Journal 2017 (as reviewer)

Therapeutic Recreation Journal, 2017 (as reviewer)

American Journal of Recreation Therapy 2017 (as reviewer)

Leisure/Loisir, 2016 (as reviewer-- second review after revisions)

Leisure/Loisir, 2015 (as reviewer)

Therapeutic Recreation Journal, 2015 (as reviewer)

Leisure/Loisir, 2014 (as reviewer)

Biannual Online-Journal of Springsteen Studies 2014 (as reviewer)

Leisure/Loisir, 2014 (as reviewer-- second review after revisions)

Leisure/Loisir, 2013 (as reviewer)

Leisure Sciences, 2012 (as reviewer)
The Global Journal of Health and Physical Education Pedagogy 2012 (as reviewer)
Therapeutic Recreation Journal, 2012 (as Associate Editor)
Leisure/Loisir, 2012 (as Associate Editor)
Therapeutic Recreation Journal, 2012 (as reviewer)
Therapeutic Recreation Journal, 2011 (as reviewer)
Leisure/Loisir, 2011 (as Associate Editor)
Therapeutic Recreation Journal, 2011 (as Associate Editor)
Therapeutic Recreation Journal, 2011 (as Associate Editor)
Therapeutic Recreation Journal, 2011 (as Associate Editor)
Journal of Contemporary Ethnography, 2011 (second review after re-submit from 2011 review)
Journal of Leisure Research 2011 (Reviewer with Dr. Chris Edginton)
Therapeutic Recreation Journal 2011 (Reviewer)
Journal of Contemporary Ethnography, 2011 (Reviewer)
Leisure/Loisir, 2010 (as Associate Editor)
Leisure/Loisir 2010 (as Associate Editor)
Leisure Science, 2010 (second review after a re-submit from 2009 review)
Leisure Science, 2009 (Reviewer)
Therapeutic Recreation Journal, 2009 (as Associate Editor)
World Leisure, 2009 (Reviewer)
Journal of Unconventional Parks, Tourism, and Recreation Research, 2009 (Reviewer)
Therapeutic Recreation Journal 2008 (as Associate Editor)
Journal of Leisure Research, 2008 (Reviewer)
Journal of Unconventional Parks, Tourism, and Recreation Research, 2008 (Reviewer)
Therapeutic Recreation Journal, 2007 (as Associate Editor)
Leisure-Loisir (Journal of the Canadian Association for Leisure Studies), 2007 (Reviewer)
Therapeutic Recreation Journal, 2007 (Reviewer)
Therapeutic Recreation Journal, 2006 (as Associate Editor)
Leisure Science, 2006 (Reviewer: Special issue on Creative Analytic Practice in Leisure Research)
Annals of Tourism Research, 2006 (Reviewer)
Leisure Science, 2005 (Reviewer)
Therapeutic Recreation Journal, 2005 (second review after revisions)
Therapeutic Recreation Journal, 2005 (Reviewer)
Leisure Science 2004 (second review after revisions)
Leisure Science, 2004 (Reviewer)

Back Cover Endorsement for Academic Books

Stebbins, R. A. (2020). *The serious leisure perspective: A synthesis*. New York: Palgrave macmillan.

Dolch, N., Wise, H., Polson, E. C., Wells-Lewis, R., Cruize, S., & Hinze, W. (2016). *Social problems: A case study approach* (4th ed). Dubuque, IA: Kendall Hunt.

University Service:

Committees and Leadership:

Undergraduate Accreditation Leader, University of Northern Iowa, Division of Recreation, Tourism, and Nonprofit Leadership, 2023- present

- Co-leader of Self Study for continued Accreditation of Recreation, Tourism and Nonprofit Leadership undergraduate program from the Council on Accreditation of Parks, Recreation, Tourism and Related Professions (COAPRT), University of Northern Iowa, College of Education, 2023- 2024 (Received continued accreditations status for next seven years)

Student Outcome Assessment Leader, University of Northern Iowa, Division of Recreation, Tourism, and Nonprofit Leadership, 2021- present

Member of College of Education Repositioning Committee University of Northern Iowa, College of Education, 2024- present

Chair of Professional Assessment Committee University of Northern Iowa, Health, Recreation, and Community Service, 2023 - 2024.

Member of College of Education Diversity Committee University of Northern Iowa, College of Education, 2021- present

Lubker Research Award/Distinguished Scholar Award Committee, 2023.

Chair of Full Professor Standards and Criteria Annual Evaluation Committee, University of Northern Iowa, Health, Recreation, and Community Service, 2022.

Member of the Standards and Criteria Annual Evaluation Committee, University of Northern Iowa, Health, Recreation, and Community Service, 2021- 2023

Humanities in Health the Cedar Valley, University of Northern Iowa, committee drafting certificate for the UNIFI gen ed curriculum focused on Health and the Humanities

Member of a Hiring Committee, University of Northern Iowa, McElroy Endowed Professor for Recreation, Tourism, and Nonprofit Leadership, College of Education, 2021.

Member of Inquiry Committee (invited by Associate Vice President of Research and Innovation to explore possible faculty research misconduct), 2021.

Member of the College of Education Diversity Committee, University of Northern Iowa, College of Education, 2020-2021

Member of a Hiring Committee, University of Northern Iowa, Director of the Jacobson Center for Comprehensive Literacy, College of Education, 2020.

Member of a Hiring Committee, University of Northern Iowa, Department of Kinesiology, 2018

Member of a Hiring Committee, University of Northern Iowa, Department of Mental Health Counseling, 2018

Faculty Adviser, Undergraduate therapeutic recreation student association, Division of Leisure Youth, and Human Services, 2017- present

Member of a Hiring Committee, University of Northern Iowa, Position of Department Head, Department of Kinesiology, 2018

Member of the UNI Dimensions of Wellness Committee, University of Northern Iowa, 2019-2020.

Member of the UNI Dimensions of Wellness Committee, University of Northern Iowa, 2018-2019.

Member of the UNI Dimensions of Wellness Committee, University of Northern Iowa, 2017-2018.

Member of the UNI Dimensions of Wellness Committee, University of Northern Iowa, 2016-2017.

Member of the School of Kinesiology, Applied Health, and Human Services Curriculum Committee, University of Northern Iowa, 2015-2016.

Chair, Professional Assessment Committee for Promotion and Tenure, University of Northern Iowa, 2014-2015.

Member of a Hiring Committee, University of Northern Iowa, Department of Mental Health Counseling, 2015

Member of the UNI Suicide Prevention Committee, University of Northern Iowa, 2014-2016.

Member of a Hiring Committee, University of Northern Iowa, Division of Mental Health Counseling, 2014

Member of a Hiring Committee, University of Northern Iowa, Division of Mental Health Counseling, 2013

Chair, School of HPELS Distance Learning Committee, University of Northern Iowa, School of HPELS, 2010 - 2011

Member of a Hiring Committee, University of Northern Iowa, Division of Health Promotion, 2011

Member of the College of Education Senate, At Large Representative, University of Northern Iowa, College of Education, 2005 - 2010

Member of a Hiring Committee, University of Northern Iowa, Division of Leisure, Youth, and Human Services, 2007

Member of a Hiring Committee, University of Northern Iowa, Division of Leisure, Youth, and Human Services, 2007

Member of the Technology Committee, School of Health, Physical Education and Leisure Services, University of Northern Iowa, 2004 – 2006

Member of the Outstanding Dissertation Award Selection Committee, College of Education, University of Northern Iowa, 2005

Member of the University of Northern Iowa Museum Assessment Committee, 2002 – 2005

Member of the Multicultural Task Force, University of Northern Iowa, College of Education, 2003-2004

Member of a Hiring Committee, University of Northern Iowa, Division of Leisure, Youth, and Human Services, 2002-2003

Creative Service at University

Student Recruitment Partnerships, Department of Recreation, Tourism, and Nonprofit Leadership, University of Northern Iowa, Creation of academic partnerships with Hospitality Management at Hawkeye Community College, Human Services at Des Moines Area Community College, Music Therapy, Wartburg College

Development of the Academic Hall of Excellence [archival and historical research], School of Health, Physical Education, and Leisure Services, University of Northern Iowa, 2005.

Professional Service

Secretary, American Leisure Academy, 2012-2013 (Elected Officer)

Member of the Sagamore Textbook Advisory Board, Sagamore Publishing, Urbana, IL, 2008-2018

Member of the Multicultural, Gender Fair Committee, Cedar Falls School District, Cedar Falls, Iowa. 2001 – 2006

Member of the Communications and Public Relations Committee, Canadian Therapeutic Recreation Association, Montreal, QC, Canada. 2004 – 2005

Member at large, Iowa Therapeutic Recreation Association, State of Iowa, 2002 – 2003 (Elected Officer)

Community Service/Engagement

President of the Friends of Cedar Rock (nonprofit board), Cedar Rock State Park - Lowell And Agnes Walter Estate, Independence, IA, 2023 - present

Member, Cedar Valley Interfaith Council, Cedar Falls/Waterloo, 2021- present

Friends of Cedar Rock (nonprofit board member), Cedar Rock State Park - Lowell and Agnes Walter Estate, Independence, IA, 2020-2023

Member, Ada S. McKinley Legacy Committee Ada S. McKinley Community Services, Chicago, IL, 2021-2023.

Community Emergency Response Team, Black Hawk County Emergency Management Agency, Waterloo IA, 2008-2017

Consultant, Iowa Rock n Roll Music Association, Arnolds Park, IA, 2013

Director, Non-Profit Faith-Based Agency, 2007-2012

Consultant, Alberta Therapeutic Recreation Association, Calgary, AB, Canada 2002-2004, 2011

Youth Soccer Coach, Cedar Valley Youth Soccer Association, Cedar Falls, IA, 2005 - 2012

Consultant, Riverside Area Community Club Trek Fest Convention, Riverside, IA, 2010

Youth Worker, Boy Scouts of America, Waterloo, IA, 2001-2003

Consultant, Cedar Valley Together We Play Program, Waterloo, IA, 2001

Consultant, City of Edmonton Community Services, Edmonton, AB, Canada, 1999

Professional Community Workshops

Cedar Falls Utilities. Preventing and remedying mental health: Self-care plans [Two 60-minute presentation for staff], Aug. 2024.

Bradley & Riley Law Firm, Bridging Mental Health Between Home and Work. Cedar Rapids, Iowa [one-hour workshop for staff], July, 2024.

Ronald McDonald House Charities of Eastern Iowa & Western Illinois, Compassion Fatigue. Iowa City, Iowa [one-hour workshop for staff], July, 2024.

Cedar Falls Utilities. Mental Health 101. [Two 60-minute presentation for staff], May, 2024.

Cedar Rapids Animal Care and Control, Conflict Management/Resolution in the Workforce. [60-minute presentation for staff], April, 2024.

Cedar Rapids Animal Care and Control, Practicing Compassion Toward Others in the Workforce. [60-minute presentation for staff], December, 2023.

Bradley & Riley Law Firm, Managing the holiday roller coaster of stress and emotion. Cedar Rapids, Iowa [one-hour workshop for staff], December, 2023.

Williamsburg School District, Checking your mental health temperature and creating a self-care plan. Williamsburg, Iowa [three-hour workshop for teaching staff], August, 2023.

Covenant Family Solutions, Overview of Mayo Clinic three-week pain rehabilitation outpatient program: Implications for counseling. Waterloo, Iowa [one-hour workshop], August, 2023.

Bradley & Riley Law Firm. Create a calling mentality at work. Cedar Rapids, Iowa [one-hour workshop for staff], June 2023.

Cambrex, Practicing Compassion Toward Others in the Workforce. [90-minute presentation for staff on their annual Safety Days Retreat], May, 2023.

Physicians Clinic of Iowa, Preventing compassion fatigue. [one-hour workshop for staff], April, 2023.

Physicians Clinic of Iowa, Preventing burnout. [one-hour workshop for staff], March, 2023.

Bradley & Riley Law Firm, Practicing compassion toward others in the workforce. Cedar Rapids, Iowa [one-hour workshop for staff], September, 2022.

True North Risk Management Insurance Brokerage, Leading with a Mental Health Mindset. Cedar Rapids, Iowa [half-day workshop for staff], September, 2022.

Williamsburg School District, *Repossessing Your Sanity and Work and Preventing Burnout: Creating a Mental health Self-Care plan*. Williamsburg, Iowa [all-day workshop for teaching staff], August, 2022.

Covenant Family Solutions, *An Overview of Logotherapy*. Waterloo, Iowa [one-hour workshop], August, 2022.

Williamsburg School District, *Repossessing Your Sanity and Work and Preventing Burnout: Creating a Mental health Self-Care plan*. Williamsburg, Iowa [all-day workshop for Administration], June, 2022.

Church of Jesus Christ of Latter-Day Saints. *Suicide Prevention*. Waterloo, Iowa [one-hour workshop on Suicide Prevention], May, 2022

Church of Jesus Christ of Latter-Day Saints. *Understanding Mental Health and Mental Health Struggles*. Manchester, Iowa [one-hour workshop to youth and youth leadership], May, 2022

New Directions Counseling, *The Serious Leisure Perspective and Its Role in Mental health Counseling*. Waterloo, Iowa [two-hour workshop], 2019.

Alberta Therapeutic Recreation Association, *Therapeutic recreation: Defining a profession*. Calgary, Alberta, Canada [eight-hour workshop], 2004

Alberta Therapeutic Recreation Association, *Empirical Therapeutic Recreation Practice*. Calgary, Alberta, Canada [eight-hour workshop], 2003

Canadian Therapeutic Recreation Association, *Cross-cultural aspects of therapeutic recreation service delivery*. Calgary, Alberta, Canada [Invited, eight-hour pre-conference workshop], 2002

AWARDS and HONORS

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| 2024 | Ney C. Landrum Park History Award by the National Association of State Park Directors |
| 2024 | Loren Horton Community History Award for Outstanding Research or Publication from the State Historical Society of Iowa |
| 2020 | Best Research Paper, 2020 Academy for Leisure Sciences for paper (with Dr. Jerry Lee): "Ada S. McKinley: A hidden history of African American Settlement House in Chicago." |
| 2017 | Fellow, Academy of Leisure Sciences |
| 2017 | Outstanding Alumni Award, University of Utah, Department of Parks, Recreation, and Tourism |

- 2016** International Fellow, China-North America Leisure Studies Network
- 2014** Outstanding Research Award, College of Education, University of Northern Iowa
- 2014** Milestone Award for Outstanding Mentoring to Graduate Students, Graduate College, University of Northern Iowa
- 2012** Fellow, World Leisure Academy
- 2010** Fellow, American Leisure Academy
- 2007** Presidential Citation, Society of Parks and Recreation Educators
- 2006** Outstanding Professional Research Award, National Therapeutic Recreation Society
- 2005** Tribune Article Award, Canadian Therapeutic Recreation Association
- 2004** Research, Publishing, Writing/Speaking Award, Alberta Therapeutic Recreation Association

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