

UNI CDC Puma Room Daily Schedule

<p><u>Early Morning</u></p> <p>7:30am to 9:30am</p> <p style="color: red;">Breakfast ends by 8:30-8:45 AM</p>	<p>*On-Going Routine Care*</p>	<p>Arrival:</p> <p>*Greet Each Child & Family Member -Use names of both child and family members.</p> <p>*Breakfast (Children who have not eaten, new arrivals, & children who are still hungry) -Wash hands before & after meal time, choose place settings, family style meal with children serving themselves, clean-up, wash hands & brush teeth. Children clean-up after themselves; assist in spills, scrape plates, and put dishes/utensils in tubs.</p> <p>*Brush Teeth</p> <p>*Self-Directed Center Activities-Center possibilities: dramatic play, music, blocks, sensory table, library, writing, science/math, fine motor *Clean up occurs prior to large group*</p>
<p><u>Mid-Morning</u></p> <p>9:30 to 11:30</p>	<p><u>Routine Care includes:</u></p> <p>Using the potty, diapering, nose wiping, hand washing,</p>	<p>9:30am *Guided Lesson #1 -Teachers are interacting with children in some planned activities. -Possible planned activities include: small group story, music, art, movement, science, table toys, themed activities, sensory, finger plays, songs, etc.</p> <p>9:45am *Learning Centers -Teachers guided options -Centers: dramatic play, music, blocks, sensory table, library, writing, science/math, fine motor are planned around a current theme.</p> <p>*Clean Up</p> <p>10:30am *Large Motor Play: (approximately 45-60 min.) *Outside-weather permitting *Alternate Space/Gym</p>
<p><u>Lunch</u></p> <p>11:30 to 12:30</p>	<p>&</p> <p>resting/ napping (for children who are tired)</p>	<p>*Small Group of Children Set Tables- Children wash hands, set meal place settings with 1:1 correspondence</p> <p>*Large Group-May include children's sharing time, finger plays, books on CD, music, movement</p> <p>11:30am *Lunch: *Wash Hands. *Family Style Lunch-Children serve themselves. Engage in conversations with peers and teachers/staff *Clean Up-Children clean up after themselves. *Wash Hands and Brush Teeth</p>
<p><u>Early Afternoon</u></p> <p>12:30 to 4:00</p>	<p>*On-Going Routine Care*</p>	<p>12:30pm *Rest time: soft music & comforting touch (Approximately 1 hour for non-nappers) *Quiet Activities: for children who are awake such as books, puzzles, folder games, lacing cards</p> <p>2:45 *Snack: wash hands, children help set-up & clean-up, family style snack, wash hands.</p> <p>3:00pm *Guided Lesson #2 (See Mid-Morning Guided Lesson info)</p> <p>3:15pm Learning Centers -Teachers guided options -Centers: dramatic play, music, blocks, sensory table, library, writing, science/math, fine motor are planned around a current theme.</p>
<p><u>Late Afternoon</u></p> <p>4:00 - 5:00</p>		<p>4:00pm *Large Motor Play: -See Mid-Morning Large Motor Play information</p> <p>Departure: *Greet family members & fill them in on child's day.</p>