| Arrival, <br> Breakfast, and Self-Directed Activities 7:30 to 9:00 | *On- <br> Going <br> Routine <br> Care* | Arrival: <br> * Greet each child \& parent - Children was their hands upon arrival. <br> * Breakfast - Children wash hands, set up own place, family style meal with children serving themselves, clean-up, wash hands \& brush teeth. <br> * Self-directed activities in activity centers - Center possibilities: housekeeping, music, blocks, cars/trucks, library, science, etc. |
| :---: | :---: | :---: |
| Large Group, Centers and Large Motor 9:00 to 11:30 | Routine Care includes: | * Large Group - May include calendar, fingerplays, books, music, movement, songs, language experience, etc. <br> * Learning Centers - Children choose between blocks, science, cooking, dramatic play, library, manipulative, puzzles, games, sensory table, music, art and writing centers planned around a current theme. Includes planned small groups of child/teacher-directed activities. <br> * Large Motor Play (approximately 45 minutes) -Outdoor as weather permits (gym as alternative). May include some teacher-directed activities. Balls, walking cans, hula hoops, dancing ribbons, bikes, and scooters etc. |
| Lunch and Large Group $\begin{gathered} 11: 30 \\ \text { to } \\ \text { 12:30 } \end{gathered}$ | Toileting, <br> Hand washing, | * Small group of children set tables - Children wash hands, set meal utensils with 1:1 correspondence. <br> * Large Group - May include children's sharing time, fingerplays, books, music, movement, songs, language experience, etc. <br> * Family style small group meal - Children wash hands, eat, and engage in conversation with peers and teacher/staff. <br> * Children clean-up after themselves - Children assist in spills, scrape plates and put utensils in tubs. <br> * Wash hands <br> * Visit bathroom and brush teeth |
| Restime, Snack and quiet activities 12:30 to 3:00 | \& | * Rest time <br> - Soft music, sound machines, \& comforting touch (approximately 1 hour for nonnappers) <br> -Teacher-directed activities for children who are awake <br> * Inside quiet activities - Writing notebooks, puzzles, file folder games, coloring, Lego boards, books etc. <br> *Snack - Children wash hands, set up own place, family style snack with children serving themselves, clean-up, \& wash hands. |
| Large Group, Centers and Large Motor 3:00 to 5:00 |  | * Large Group - May include weather time, fingerplays, books, music, movement, songs, language experience, etc. <br> * Learning Centers - Children choose between blocks, science, cooking, dramatic play, library, manipulative, puzzles, games, sensory table, music, art and writing centers planned around a current theme. Includes planned small groups of child/teacher-directed activities. <br> * Large Motor Play (approximately 45 minutes) -Outdoor as weather permits (gym as alternative). May include some teacher-directed activities. Balls, walking cans, hula hoops, dancing ribbons, etc. |
| Departure, <br> Books and Games <br> 5:00 | *On- <br> Going <br> Routine <br> Care* | Departure <br> * Greet parents \& fill them in on their child's day <br> * Self-directed activities - Children choose between books, games, puzzles or hallway activities. |

