

UNI CDC Kitten Room Daily Schedule

<p>Early Morning</p> <p>7:30 to 9:00</p> <p>9:00</p>	<p>*On-Going Routine Care*</p>	<p>Arrival:</p> <p>*Greet each child & family member -Use names of both child and family member, take any items needing to be stored away and do so, discuss any other needs for the child's day</p> <p>*Breakfast offered as needed -This time includes introducing children to self-help skills such as hand washing, tooth brushing, eating, drinking, and using words and/or signs to express wants and needs at meal time (i.e., more, please, all done, etc.) -After meal is finished, children are to brush teeth at the table or in teacher's lap -Wash hands before & after meal time at hand washing sink (spray sink)</p> <p>Free Choice Play: -This time includes small group and individualized activities using the areas of language, problem solving, music, art, science, math, motor skills, social/emotional development and more!</p>
<p>9:30</p> <p>Mid-Morning</p> <p>10:30 to 11:30</p>	<p><i>Routine Care includes:</i></p> <p><i>diapering,</i></p> <p><i>nose wiping,</i></p> <p><i>hand washing,</i></p> <p><i>bottle feeding,</i></p>	<p>Snack:</p> <p>*Offered for children over age 1 year -See <i>Breakfast</i> information</p> <p>Large Motor Play: -Weather permitting, and based on individual child's routine care needs, we will go outside and enjoy the fresh air, and have an opportunity for stroller walks and exploration of our playground, neighborhood, and campus. -In the event of indoor play (weather restrictions, staffing conflicts, children's needs, etc.), the following will be offered in various areas around the center, including, but not limited to: the gymnasium, hallway, other classrooms, sectioned off part of this classroom: climbing mats, crawl-through tunnels, etc.</p> <p>Free Choice Play: -See <i>Early Morning Free Choice Play</i> information</p>
<p>Lunch</p> <p>11:30 to 12:30</p>	<p>&</p> <p><i>resting/ napping</i></p>	<p>Lunch:</p> <p>*Offered as needed for infants 6 months and older -See <i>Breakfast</i> information</p>
<p>Early Afternoon</p> <p>12:30 to 2:30</p>		<p>On-going routine care including naps and bottles</p> <p>Snack:</p> <p>*Offered as needed for older infants -See <i>Breakfast</i> information</p> <p>Free Choice Play: -See <i>Early Morning Free Choice Play</i> information</p>
<p>Late Afternoon</p> <p>3:30 - 5:00</p>	<p>*On-Going Routine Care*</p>	<p>Large Motor Play: -See <i>Mid-Morning Large Motor Play</i> information</p> <p>Free Choice Play: -See <i>Early Morning Free Choice Play</i> information</p> <p>Departure:</p> <p>*Greet family member by name, and let their child know their family has arrived, taking child to family member. Gather child's items to give to family member, discussing child's day with family, and informing them of any pertinent information.</p>

**We are very flexible with this schedule and implement activities according to the flow of the day and each child's individual needs as the day progresses.*