



ATHLETIC TRAINING

Information for Visiting Athletic Trainers

Introduction

On behalf of the University of Northern Iowa, we would like to extend our warmest greetings. In preparation for your journey to Cedar Falls, here is some important information that may be useful to you and your team.

Athletic Training Services

The UNI Athletic Training Department operates three (3) co-ed athletic training rooms. The main athletic training room is located in the Human Performance Complex (next to the UNI Dome). Our satellite athletic training rooms are located in the West Gym for wrestling and the McLeod Center for volleyball, women's basketball and men's basketball.

The athletic training facilities will be open approximately two (2) hours before the game / contest and for approximately one (1) hour immediately after the game / contest. Water, ice bags, cups, towels, & biohazard supplies will be provided on your sideline & in your locker room. Additionally, emergency equipment including AED, splints, and crutches will be available on site.

We will be happy to care for your student-athletes if you do not have an athletic trainer or athletic training student traveling with your team. Please contact us with any special needs your team may have and send a medical kit with supplies for their care. A letter detailing treatment parameters is required for us to utilize therapeutic modalities with your athletes if a certified athletic trainer is not traveling with the team.

A certified athletic trainer will be present for all games/contests, while one of our team physicians and/or orthopedic surgeons will be in attendance and/or on-call for games / contests. Sartori Hospital is located approximately two (2) miles away should the need arise.

If you are in need of any additional supplies or information, and/or if we can be of service to you in any way, please do not hesitate to contact us. A list of sport specific courtesy information can be found on our website:

Important Contacts	Phone number	Fax/Website
UNI Athletic Training Division	(319) 273-7479	(319)-273-7023
Dr. Jeffrey Clark, Head Team Physician	(319) 273-5275	(319) 273-5295
UNI Athletic Department	319-273-2470	
UNI Sports Information	319-273-6354	(319) 273-3602

Airports

Waterloo Municipal Airport	2790 Livingston Lane; Waterloo, IA	1-800-283-4483
Eastern Iowa Airport	2121 Wright Brothers Blvd.; Cedar Rapids, IA	1-800-523-1100

Rental Cars

Avis Rent A Car	Waterloo Municipal Airport	(319) 233-0569
Budget Car Rental	Waterloo Municipal Airport	(319) 287-8026



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Hertz	Waterloo Municipal Airport 4807 University Avenue; Cedar Falls, IA	(319) 287-5189 (319) 277-3552
Enterprise Rent-A-Car	1326 La Porte Road; Waterloo, IA 4728 University Avenue; Cedar Falls, IA	(319) 235-1400 (319) 266-8600
Dan Deery Rental & Leasing	7404 University Avenue; Cedar Falls, IA	(319) 277-4500

Hotels and Motels

AmericInn Lodge & Suites	5818 Nordic Drive; Cedar Falls, IA	(319) 277-6166
Baymont Inn & Suites	1945 La Porte Road; Waterloo, IA	(319) 234-7411
Best Western Plus	1614 Technology Parkway; Cedar Falls, IA	(319) 277-2400
Blackhawk Hotel	115 Main Street; Cedar Falls, IA	(319) 277-1161
Clarion Hotel	5826 University Avenue; Cedar Falls, IA	(319) 277-2230
Comfort Suites	7402 Nordic Drive; Cedar Falls, IA	(319) 273-9999
Comfort Inn & Suites	2011 La Porte Road; Waterloo, IA	(319) 234-5452
Country Inn & Suites	2910 South Main Street; Cedar Falls, IA	(319) 268-1800
Country Inn & Suites	4025 Hammond Avenue; Waterloo, IA	(319) 233-2336
Courtyard by Marriott	250 Westfield Avenue; Waterloo, IA	(319) 233-5531
Days Inn	5924 University Avenue; Cedar Falls, IA	(319) 266-1222
Days Inn & Suites	1809 La Porte Road; Waterloo, IA	(319) 235-4461
Hilton Garden Inn	7213 Nordic Drive; Cedar Falls, IA	(319) 266-6611
Fairfield Inn & Suites	2134 La Porte Road; Waterloo, IA	(319) 233-2500
Hampton Inn	2034 La Porte Road; Waterloo, IA	(319) 233-2044
Holiday Inn Express	2127 La Porte Road; Waterloo, IA	(319) 274-7000
Isle Casino Hotel	777 Isle of Capri Blvd.; Waterloo, IA	(319) 833-4753
Motel 6	2141 La Porte Road; Waterloo, IA	(319) 233-9191
Quality Inn & Suites	2056 La Porte Road; Waterloo, IA	(319) 235-7000
Super 8	7515 Nordic Drive; Cedar Falls, IA	(319) 266-6988
Super 8	1825 La Porte Road; Waterloo, IA	(319) 233-1800

Breakfast

Dunkin' Donuts	6004 University Avenue; Cedar Falls, IA	
IHOP	2009 Crossroads Blvd.; Waterloo, IA	(319) 287-4467
IHOP	502 Brandilynn Blvd.; Cedar Falls, IA	(319) 266-6688
Panera Bread Bakery & Cafe	6403 University Avenue; Cedar Falls, IA	(319) 553-0250
Panera Bread Bakery & Cafe	1818 La Porte Road; Waterloo, IA	(319) 433-3003
Perkins Restaurant	3280 University Avenue; Waterloo, IA	(319) 235-6595
Perkins Restaurant	4045 Hammond Avenue; Waterloo, IA	(319) 888-4309
Village Inn	6301 University Avenue; Cedar Falls, IA	(319) 277-5551
Village Inn	212 West Ridgeway Avenue; Waterloo, IA	(319) 291-2010
Waffle Stop	904 Rainbow Drive; Cedar Falls, IA	(319) 277-1729

Pizza & Subs

Doughy Joey's Chicago Style	126 Brandilynn Blvd.; Cedar Falls, IA	(319) 277-2800
Domino's Pizza	2024 College Street; Cedar Falls, IA	(319) 266-3333
Domino's Pizza	1805 La Porte Road; Waterloo, IA	(319) 486-4488
Firehouse Subs	6406 University Avenue; Cedar Falls, IA	(319) 242-3359



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Godfather's Pizza	1621 West 1st Street; Cedar Falls, IA	(319) 277-7777
Godfather's Pizza	3811 University Avenue; Waterloo, IA	(319) 235-7104
Jimmy John's	1515 East San Marnan Drive; Waterloo, IA	(319) 233-4800
Jimmy John's	421 Viking Plaza Drive; Cedar Falls, IA	(319) 266-1111
Little Caesars Pizza	3821 University Avenue; Waterloo, IA	(319) 234-3209
Little Caesars Pizza	1205 E San Marnan Drive; Waterloo, IA	(319) 233-1808
Old Chicago	6301 University Avenue; Cedar Falls, IA	(319) 277-7770
The Other Place	4214 University Avenue; Cedar Falls, IA	(319) 268-1655
Papa John's	1322 West 1st Street; Cedar Falls, IA	(319) 277-7722
Papa John's	1608 University Avenue; Waterloo, IA	(319) 291-7722
Pizza Hut Delivery/Carryout	714 La Porte Road; Waterloo, IA	(319) 233-5600
Pizza Hut Delivery	1130 Ansborough Avenue; Waterloo, IA	(319) 234-5583
Pizza Hut Restaurant	6719 University Avenue; Cedar Falls, IA	(319) 277-3661
Sub City	2218 College Street; Cedar Falls, IA	(319) 277-7071
Sub City	Kimball & Ridgeway Avenue; Waterloo, IA	(319) 235-7670
Subway	6822 University Avenue; Cedar Falls, IA	(319) 268-1774
Subway	314 Brandilynn Blvd.; Cedar Falls, IA	(319) 266-2399
Subway	3620 Kimball Avenue; Waterloo, IA	(319) 233-1977
Your Pie	126 E Ridgeway Avenue; Waterloo, IA	(319) 252-4471

Fast Food

A & W Restaurant	5908 Nordic Drive; Cedar Falls, IA	(319) 277-0002
A & W Restaurant	2775 Crossroads Blvd.; Waterloo, IA	(319) 236-0505
Arby's	6018 University Avenue; Cedar Falls, IA	(319) 266-3627
Arby's	3657 Kimball Avenue; Waterloo, IA	(319) 233-4147
Burger King	1215 Ansborough Avenue; Waterloo, IA	(319) 234-6669
Chick-fil-A	1331 Flammang Drive; Waterloo, IA	(319) 233-0274
Chilito's Mexican Bar & Grill	441 E Tower Park Drive; Waterloo, IA	(319) 233-1400
Culver's	401 Viking Plaza Drive; Cedar Falls, IA	(319) 242-7792
Culver's	209 E Tower Park Drive; Waterloo, IA	(319) 291-6640
Dairy Queen	103 E Tower Park Drive; Waterloo, IA	(319) 233-1867
Dairy Queen	1506 La Porte Road; Waterloo, IA	(319) 232-5440
Freddy's Frozen Custard & Steakburgers	2046 Sovia Drive; Waterloo, IA	(319) 233-3410
Hardee's	1410 Flammang Drive; Waterloo, IA	(319) 2331771
Kentucky Fried Chicken	6104 University Avenue; Cedar Falls, IA	(319) 266-8551
Kentucky Fried Chicken	3115 Kimball Avenue; Waterloo, IA	(319) 233-9302
Long John Silver's	2775 Crossroads Blvd.; Waterloo, IA	(319) 236-0505
McDonald's	2515 Main Street; Cedar Falls, IA	(319) 266-6330
McDonald's	3658 Kimball Avenue; Waterloo, IA	(319) 234-3517
McDonald's	610 West 1st Street; Cedar Falls, IA	(319) 266-0577
Noodles & Company	2833 Crossroads Blvd.; Waterloo, IA	(319) 232-6369
Popeye's Chicken & Biscuits	4015 Lowes Blvd.; Waterloo, IA	(319) 234-2393



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Taco Bell	6023 University Avenue; Cedar Falls, IA	(319)277-4399
Taco Bell	1819 La Porte Road; Waterloo, IA	(319) 232-0401
Taco Johns	1620 La Porte Road; Waterloo, IA	(319) 233-3651
Wendy's	2915 McClain Drive; Cedar Falls, IA	(319) 277-1765
Wendy's	2936 University Avenue; Waterloo, IA	(319) 233-6361

Restaurants/Sports Bars

Amigos Mexican Restaurant	1415 E San Marnan Drive; Waterloo, IA	(319) 232-6669
Applebee's Grill	6301 University Avenue; Cedar Falls, IA	(319) 266-1814
Applebee's Grill	2780 Crossroads Blvd.; Waterloo, IA	(319) 287-4700
Beck's Taproom Grill	2027 Crossroads Blvd.; Waterloo, IA	(319) 833-9464
Briqhouse Bar & Grill	307 West 5 th Street; Waterloo, IA	(319) 233-4131
Bryan's on 4 th & Limestone Lounge	320 East 4 th Street; Waterloo, IA	(319) 274-8888
Buffalo Wild Wings	6406 University Avenue; Cedar Falls, IA	(319) 553-0029
The Brown Bottle	1111 Center Street; Cedar Falls, IA	(319) 266-2616
The Brown Bottle	West 5th St. & Commercial Street; Waterloo, IA	(319) 232-3014
Cedar Falls Family Restaurant	2627 Center Street; Cedar Falls, IA	(319) 266-6705
Carlos O'Kelly's Mexican Café	6507 University Avenue; Cedar Falls, IA	(319) 277-1121
Carlos O'Kelly's Mexican Café	2060 Sovia Drive, #104; Waterloo, IA	(319) 236-8730
Cottonwood Canyon	419 Washington Street; Cedar Falls, IA	(319) 215-2235
Chapala	900 La Porte Road; Waterloo, IA	(319) 287-8005
Cherry Creek Grill	1850 W Ridgeway Avenue; Waterloo, IA	(319) 274-9589
Famous Dave's BBQ	6222 University Avenue; Cedar Falls, IA	(319) 266-0200
J's Homestyle Cooking	1724 W 31 st Street; Cedar Falls, IA	(319) 266-3199
Los Cabos Family Mexican Restaurant	114 Main Street; Cedar Falls, IA	(319) 277-9676
Montage	222 Main Street; Cedar Falls, IA	(319) 268-7222
Noble Oak	314 Main Street; Cedar Falls, IA	(319) 266-5285
Olive Garden	1315 E. San Marnan Drive; Waterloo, IA	(319) 235-6494
Pancho's Mexican Grill	2845 Crossroads Blvd.; Waterloo, IA	(319) 232-5081
Pablo's Mexican Grill	310 Main Street; Cedar Falls, IA	(319) 277-8226
Pepper's Sports Bar	620 East 18th Street; Cedar Falls, IA	(319) 266-9394
Red Lobster	2915 McClain Drive; Cedar Falls, IA	(319) 277-5337
Red Lobster	941 E San Marnan Drive; Waterloo, IA	(319) 234-0288
Texas Roadhouse	5715 University Avenue; Cedar Falls, IA	(319) 266-3200
The Other Place	360 E Ridgeway Avenue; Waterloo, IA	(319) 287-9400
Longhorn Steakhouse	1425 E San Marnan Drive; Waterloo, IA	(319) 235-4336
Whiskey Road	402 Main Street; Cedar Falls, IA	(319) 2771244



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Asian

East China	2108 Kimball Avenue; Waterloo, IA	(319) 226-3333
Golden China	106 Brookenridge Drive; Waterloo, IA	(319) 232-3928
Great Wall	2125 College Street; Cedar Falls, IA	(319) 277-8899
Hibachi Sushi Buffet	1535 Flammang Drive; Waterloo, IA	(319) 232-6868
Hong Kong	6306 University Avenue; Cedar Falls, IA	(319) 266-4368
Soho Sushi Bar & Deli	119 Main Street; Cedar Falls, IA	(319) 266-9995
Hu Hot	6301 University Avenue; Cedar Falls, IA	(319) 553-1100
Panda Express	1503 E San Marnan Drive; Waterloo, IA	(319) 232-8888
Sakura Japanese Steak House	5719 University Avenue; Cedar Falls, IA	(319) 266-4000
Tokoyo Bay Japanese Steak House & Sushi	126 E Ridgeway Avenue; Waterloo, IA	(319) 433-0999

Catering

Barmuda Catering	900 Technology Pkwy.; Cedar Falls, IA	(319) 266-9994
Carlos O'Kelly's Mexican Café	6507 University Avenue; Cedar Falls, IA	(319) 277-1121
Famous Dave's BBQ	6222 University Avenue; Cedar Falls, IA	(319) 266-0200
Hy-Vee Catering	6301 University Avenue; Cedar Falls, IA	(319) 266-7535
Randall's Meats & Catering	320 5 th Street; Hudson, IA	(319) 988-3377