

UNI CDC Cats Room Daily Schedule

<p>Early Morning</p> <p>7:30am to 9:30am</p> <p>Breakfast ends by 8:30-8:45 AM</p>	<p>*On-Going Routine Care*</p> <p><i>Routine Care includes:</i></p>	<p>Arrival:</p> <ul style="list-style-type: none"> *Greet each child & family member -Use names of both child and family members. *Breakfast (Children who have not eaten, new arrivals, & children who are still hungry) -Wash hands before & after meal time *Brush Teeth *Free Choice Play -For children who have already eaten and as children finish eating & cleaning up.
<p>Mid-Morning</p> <p>9:30 to 11:30</p>	<p><i>diapering,</i></p> <p><i>nose wiping,</i></p> <p><i>hand washing,</i></p> <p>&</p> <p><i>resting/ napping</i> (for children who are tired)</p>	<p>9:30am *Guided Lesson #1 -Teachers are interacting with children in some planned activities. -Possible planned activities include: small group story, music, art, movement, science, table toys, themed activities, sensory, finger plays, songs, etc.</p> <p>9:45am *Free Choice Play Options -Teachers guided options -Centers: kitchen/housekeeping, music, books, cars/trucks, library, etc.</p> <p>*Clean Up</p> <p>10:30am *Large Motor Play: (approximately 45-60 min.) *Outside-weather permitting *Alternate Space</p>
<p>Lunch</p> <p>11:30 to 12:30</p>		<p>11:30am *Lunch:</p> <ul style="list-style-type: none"> *Wash Hands. *Family Style Lunch-Children serve themselves. *Clean up-Children clean up after themselves. *Wash Hands and Brush Teeth
<p>Early Afternoon</p> <p>12:30 to 4:00</p>	<p>*On-Going Routine Care*</p>	<p>12:30pm *Rest time: soft music & comforting touch</p> <p>*Teacher-directed activities for children who are awake.</p> <p>2:45 *Snack: wash hands, children help set-up & clean-up, wash hands.</p> <p>3:00pm *Guided Lesson #2 (See Mid-Morning Guided Lesson info)</p> <p>3:15pm *Free Choice Play: -See Mid-Morning Free Choice Play information</p>
<p>Late Afternoon</p> <p>4:00 - 5:00</p>		<p>4:00pm *Large Motor Play: -See Mid-Morning Large Motor Play information</p> <p>Departure:</p> <ul style="list-style-type: none"> *Greet family members & fill them in on child's day.