Master of Arts Degree Program

Major in Health Education

The Master of Arts degree in Health Education provides post-graduate academic training for individuals employed in or planning to seek employment as public health practitioners and health educators in a wide variety of settings including public, academic, hospital/clinical, community/non-profit, and corporate settings. This degree program provides graduate level training designed to prepare public health and health promotion professionals to design, implement, and evaluate interventions working in a wide range of health, public health and health promotion areas. The post-graduate training program enhances the leadership and research skills of public health workers, preparing them for positions of progressive responsibility within their chosen career.

Students interested in this program must submit a completed Application for Admission to Graduate Study and should refer to their MyUNIverse Student Center To-Do list or contact the Division of Health Promotion and Education (within the School of Kinesiology, Allied Health and Human Services) for other application requirements. Graduate information and application for graduate admission can be found at [www.grad.uni.edu/admission](http://www.grad.uni.edu/admission).

The Graduate Record Examination (General Test) is not required for admission to the program.

Only graduate courses (course numbers 5000 or above) will apply to a graduate degree, even if the undergraduate course number (4999 or less) is listed. No exceptions will be made.

This major is available on the thesis and non-thesis options. A minimum of 30-34 semester hours is required, depending on the emphasis chosen. Additional hours may be required, if, upon entering the graduate program, the student needs background courses. The thesis option requires 6 hours of thesis research [HPE 6299 (410:299)](http://www.grad.uni.edu/admission). The non-thesis option requires a research paper for 2 hours credit [HPE 6299 (410:299)](http://www.grad.uni.edu/admission). A minimum of 12 hours, exclusive of HPE 6299 (410:299) credit, must be at the 200/6000-level.

Successful completion of a final written comprehensive examination is required for both the thesis and non-thesis options.

Three emphases are offered on this major:

### I. Health Promotion/Fitness Management Emphasis

Required:

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>HPELS 6210 (440:210)</td>
<td>Quantitative Methods in HPELS</td>
</tr>
<tr>
<td>or HPELS 6215 (440:215)</td>
<td>Qualitative Methods</td>
</tr>
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Choose one of the following: 3

Measurement and Research:

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>MEASRES 6205 (250:205)</td>
<td>Educational Research</td>
</tr>
</tbody>
</table>

Kinesiology, Allied Health and Human Services, Interdepartmental:

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
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</thead>
<tbody>
<tr>
<td>HPELS 6290 (440:290)</td>
<td>Research Methods for Health, Physical Education and Leisure Services</td>
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Health Promotion and Education: 15

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
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<tbody>
<tr>
<td>HPE 4393/5393</td>
<td>Epidemiological Methods, Research Design, and Analysis</td>
</tr>
<tr>
<td>HPE 4431/5431 (410:131g)</td>
<td>Worksite Health Promotion</td>
</tr>
<tr>
<td>HPE 4666/5666 (410:166g)</td>
<td>Environmental and Occupational Health Regulations</td>
</tr>
<tr>
<td>HPE 6271 (410:271)</td>
<td>Cardiovascular Physiology</td>
</tr>
<tr>
<td>HPE 6390 (410:290)</td>
<td>Philosophy and Ethics of Public Health and Health Promotion</td>
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Health Promotion Graduate Seminar: 1
<table>
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<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credits</th>
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<tbody>
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<td>HPE 6289</td>
<td>Seminar</td>
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</tr>
<tr>
<td>PEMES 6253</td>
<td>Advanced Exercise Physiology</td>
<td></td>
</tr>
<tr>
<td>MGMT 3965/5965</td>
<td>Organizational Behavior</td>
<td>3</td>
</tr>
<tr>
<td>Research</td>
<td></td>
<td>2 or 6</td>
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<tr>
<td>HPE 6299</td>
<td>Research</td>
<td></td>
</tr>
<tr>
<td>Thesis option (6 hrs.)</td>
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<td></td>
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<tr>
<td>Total hours thesis option</td>
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<tr>
<td>Total hours non-thesis option</td>
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**II. Community Health Education Emphasis**

**Required:**

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<th>Course Code</th>
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<th>Credits</th>
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<tr>
<td>HPE 4167/5167 (410:167g)</td>
<td>Cultural Competency for the Helping Professions</td>
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</tr>
<tr>
<td>HPE 4393/5393</td>
<td>Epidemiological Methods, Research Design, and Analysis</td>
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<tr>
<td>HPE 4431/5431 (410:131g)</td>
<td>Worksite Health Promotion</td>
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<tr>
<td>HPE 4665/5665 (410:165g)</td>
<td>Environmental Health Science</td>
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<tr>
<td>HPE 6220 (410:220)</td>
<td>Health Determinants</td>
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<td>HPE 6390 (410:290)</td>
<td>Philosophy and Ethics of Public Health and Health Promotion</td>
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<td>Select one of the following:</td>
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<td>3</td>
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<tr>
<td>Measurement and Research:</td>
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<td>MEASRES 6205 (250:205)</td>
<td>Educational Research</td>
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<td>Health, Physical Education, and Leisure Services, Interdepartmental:</td>
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<td>HPELS 6290 (440:290)</td>
<td>Research Methods for Health, Physical Education and Leisure Services</td>
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<tr>
<td>Health Promotion Graduate Seminar:</td>
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<td>HPE 6289 (410:289)</td>
<td>Seminar</td>
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<tr>
<td>Research:</td>
<td></td>
<td>2 or 6</td>
</tr>
<tr>
<td>HPE 6299 (410:299)</td>
<td>Research</td>
<td></td>
</tr>
<tr>
<td>Thesis option (6 hrs.)</td>
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<tr>
<td>Non-thesis option (2 hrs.)</td>
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<td>Electives as approved by the Graduate Committee:</td>
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<td>10 or 6</td>
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<tr>
<td>Total hours</td>
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**III. School Health Education Emphasis**

**Required:**
Health Promotion and Education: 6

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<tbody>
<tr>
<td>HPE 4431/5431 (410:131g)</td>
<td>Worksite Health Promotion</td>
</tr>
<tr>
<td>HPE 6390 (410:290)</td>
<td>Philosophy and Ethics of Public Health and Health Promotion</td>
</tr>
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Select one of the following: 3

Measurement and Research:

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<thead>
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<tr>
<td>MEASRES 6205 (250:205)</td>
<td>Educational Research</td>
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</table>

Kinesiology, Allied Health and Human Services, Interdepartmental:

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<tbody>
<tr>
<td>HPELS 6290 (440:290)</td>
<td>Research Methods for Health, Physical Education and Leisure Services</td>
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</table>

Health Promotion Graduate Seminar: 1

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
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</thead>
<tbody>
<tr>
<td>HPE 6289 (410:289)</td>
<td>Seminar</td>
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Research 2 or 6

<table>
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<th>Course Code</th>
<th>Course Title</th>
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<tbody>
<tr>
<td>HPE 6299 (410:299)</td>
<td>Research</td>
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Thesis option (6 hrs.)

Non-thesis option (2 hrs.)

Electives as approved by the Graduate Committee: 19 or 15

Total hours 31

The additional course requirements for this emphasis will be governed largely by teacher licensure requirements.