## Health Education Minor-Teaching

Current First Aid and CPR certification is required of all minors prior to student teaching.

### Required:

- **Methods course:**
  - **HPELS 2045 (440:045)** or **HPE 3240 (410:140)**
  - Health and Physical Education for Elementary Teachers’
  - Secondary School Health Education Methods

- **Educational Psychology:**
  - **EDPSYCH 4118/5118 (200:118g)** or **HPE 4155 (410:155g)**
  - Mental Health and Well-Being in the Classroom
  - Stress Management

- **Applied Human Sciences, School of:**
  - **FAM SERV 1020 (31F:020)** or **FAM SERV 1057 (31F:057)**
  - Family Relationships
  - Human Relationships and Sexuality

- **Psychology:**
  - **PSYCH 3102/5102 (400:170g)** or **HPE 3230**
  - Drugs and Individual Behavior
  - Drug Prevention Education for School Health Educators

- **Health Promotion and Education:**
  - **HPE 1101 (410:005)** or **CAP 3160 (CAP:160)**
  - Introduction to Community Health
  - Community and Public Health
  - **HPE 3344 (410:144)**
  - Health Education Curriculum
  - **HPE 4551/5551 (410:151g)** or **PEMES 2053 (420:053)**
  - Nutrition for Health Promotion
  - Physical Activity and Nutrition for Health and Fitness
  - **HPE 4164 (410:164g)** or **HPELS 1020 and HPELS 1030 (2 hrs.)**
  - Health Care and the Consumer
  - Human Diseases for School Health Educators

### Electives:

- Remaining hours of health-related electives for the K-8 and 5-12 endorsement to total a minimum of 26 hours.

### Total hours

**26**