

Health Education Minor-Teaching

Current First Aid and CPR certification is required of all minors prior to student teaching.

Required:

Methods course:		2-3
HPELS 2045 (440:045)	Health and Physical Education for Elementary Teachers *	
or HPE 3240 (410:140)	Secondary School Health Education Methods	
Educational Psychology:		2-3
EDPSYCH 4118/5118 (200:118g)	Mental Health and Well-Being in the Classroom	
or HPE 4155 (410:155g)	Stress Management	
Applied Human Sciences, School of:		3
FAM SERV 1020 (31F:020)	Family Relationships **	
or FAM SERV 1057 (31F:057)	Human Relationships and Sexuality	
Psychology:		3
PSYCH 3102/5102 (400:170g)	Drugs and Individual Behavior	
or HPE 3230	Drug Prevention Education for School Health Educators	
Health Promotion and Education:		8
HPE 1101 (410:005)	Introduction to Community Health	
or CAP 3160 (CAP:160)	Community and Public Health	
HPE 3344 (410:144)	Health Education Curriculum	
HPE 4551/5551 (410:151g)	Nutrition for Health Promotion	
or PEMES 2053 (420:053)	Physical Activity and Nutrition for Health and Fitness	
HPE 4164 (410:164g)	Health Care and the Consumer	
or HPELS 1020 and HPELS 1030 (2 hrs.)		
HPE 3220	Human Diseases for School Health Educators	
Electives: Remaining hours of health-related electives for the K-8 and 5-12 endorsement to total a minimum of 26 hours. ***		
Total hours		26