Division of Health Promotion and Education

Bachelor of Arts Degree Programs

Health Education Major-Teaching

The Health Education–Teaching major requires a minimum of 120 total hours to graduate. This total includes Liberal Arts Core requirements (pages xxx-xxx), the Professional Education Requirements (page xxx), and the following specified major requirements, plus electives to complete the minimum of 120 hours. Liberal Arts Core courses included in major program requirements are distinguished by italics.

Current First Aid and CPR certification is required of all major students prior to student teaching.

Required:

Educational Psychology: 200:118; 200:151 ................................. 6 hours
Measurement and Research: 250:180 or
Mathematics: 800:072 ....................................................... 3 hours
Design, Textiles, Gerontology, & Family Studies: 31F:057 ................ 3 hours
Psychology: 400:170 or
Social Work: 450:171 .......................................................... 3 hours
Health Promotion and Education: 410:005; 410:140; 410:144;
  410:151; 410:153; 410:163; 410:164; 410:178 .......................... 19 hours
Health Promotion and Education: 410:112 or
Physical Education: 420:050 ............................................... 3 hours

Electives to be chosen from the following list .................................. 3 hours
40 hours

Educational Psychology: 200:116.
Health Promotion and Education: 410:020; 410:147; 410:155; 410:162.
World Religions/Philosophy: 640:194 or 650:194 or CAP:194.

Health Promotion Major

The Health Promotion major requires a minimum of 120 total hours to graduate. This total includes Liberal Arts Core requirements (pages xxx-xxx) and the following specified major requirements, plus electives to complete the minimum of 120 hours. Liberal Arts Core courses included in major program requirements are distinguished by italics.
Public health education promotes the health of the general public using a wide variety of methods in a wide variety of settings. This major helps students acquire the skills and abilities to develop, implement, and evaluate health education programs. Our curriculum is tailored to meet national competencies for health educators. A degree in health promotion prepares students to sit for the National Certified Health Education Specialist exam (CHES).

A student declaring a major in Health Promotion will be required to have sophomore standing and a minimum GPA of 2.50 for all courses whether taken at UNI or transferred from other institutions. A minimum 2.50 GPA will be required for admission to 410:168, Field Experience in Health Promotion. To graduate with a major in Health Promotion a student must have a cumulative GPA of 2.50 in all course work taken at UNI or transferred from another institution.

Required common core:


Choose one of the following 4 options:

| Option 1 (33 hours) | Option 2 (31 hours) | Option 3 (29-30 hours) | Option 4 (44-47 hours) |
| Total hours for option 1 | 57 hours | Total hours for option 2 | 55 hours | Total hours for option 3 | 53-54 hours | Total hours for option 4 | 68-71 hours |

*410:145 has a prerequisite of 250:180 or 800:072. 800:072 may be used to satisfy Category 1C of the Liberal Arts Core.  **not required for Option 4, Environmental Health.

**Option 1 - Health and Fitness Promotion (33 hours)**

Required:

Health Promotion and Education: 410:005; 410:118; 410:131; 410:151; 410:155; 410:164; 410:168 (12 hrs.).
Physical Education: 420:050; 420:153; 420:156.

**Option 2 - Women’s Health (31 hours)**

Required: (28 hours)

Electives: (3 hours from the following)

Psychology: 400:060\(^^{^\^}\).
Health Promotion and Education: 410:125.
Leisure, Youth and Human Services: 430:151.
Communication Studies: 48C:142\(^^{^\^\^}\); 48C:153.
Humanities: 680:040.
Social Science: 900:020, 900:045.
History: 961:146.
Anthropology: 980:167\(^^{^\^\^\^}\).

\(^31F:155\) has prerequisite of 31F:020; 200:030 or 31F:055 or 400:120.
\(^31F:157\) has prerequisite of 31F:057; 3 hours social science research methods.
\(^400:060\) has prerequisite of 400:001.
\(^48C:142\) has prerequisite of 48C:004.
\(^980:167\) has prerequisite of 400:001 or 980:001 or 990:011.

Option 3 - Global Health and Health Disparities (29-30 hours)

Required:


Electives: (select 3 hours from the following):

Communication Studies: 48C:151.
Anthropology: 990:164; 990:167; 990:168.

Option 4 - Science Intensive: Environmental Health (44-47 hours)

This interdisciplinary emphasis is recommended for students who wish to prepare for careers as environmental health professionals as it provides experiences in the sciences and health areas. It also provides preparation for post-graduate study in the field of environmental health or public health.

Required: (33-34 hours)

Health Promotion and Education: 410:005; 410:166; 410:168 (6 hrs.); 410:180#.
Biology: 840:051; 840:052; 840:151.
Chemistry and Biochemistry: 860:044 and 860:048, or 860:070 and 860:063.
Electives: (select 11-13 hours from the following)

Biology##: 840:140; 840:147; 840:150; 840:155; 840:168; 840:170; 840:180###.
Chemistry and Biochemistry##: 860:132.
Earth Science: 870:031; 870:171.

#410:180 has a prerequisite of 250:180 or 800:072. 800:072 may be used to satisfy Category 1C of the Liberal Arts Core.
##These required courses can be satisfied with appropriate selection of courses for completing the Biology minor.
###840:180 prerequisites are 840:100 and 840:140.

**Minors**

**Health Education Minor-Teaching**

Liberal Arts Core courses included in minor program requirements are distinguished by italics. Current First Aid and CPR certification is required of all minors prior to student teaching.

Required:

Educational Psychology: 200:118 ...................................................... 3 hours
Design, Textiles, Gerontology, & Family Studies: 31F:057 ...................... 3 hours
Psychology: 400:170 ................................................................. 3 hours
Health Promotion and Education: 410:135 (for K-8 endorsement) or
410:140 (for 5-12 endorsement); 410:005; 410:112; 410:144;
410:151; 410:163; 410:164 ....................................................... 16 hours
25 hours

**Health Promotion Minor**

Liberal Arts Core courses included in minor program requirements are distinguished by italics.

Required:

Health Promotion and Education: 410:005; 410:110;
410:176 ................................................................. 21 hours
21 hours

*410:145 has a prerequisite of 250:180 or 800:072. 800:072 may be used to satisfy Category 1C of the Liberal Arts Core.
**410:163 has a prerequisite of 410:112 or both 840:101 and 840:102.