

**From:** professor Shields <john.smith@yahoo.com>  
**Subject:** **Fwd: Slow Dance**  
**Date:** March 27, 2011 11:49:08 AM CDT  
**To:** [undisclosed recipients]  
**Bcc:** [undisclosed recipients]

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Hi All,

Here's something to make you stop and think!

Please read the whole message, it is from a child.

This poem was written by terminally ill young girl in a New Your Hospital. It was sent by medical doctor.

Be sure you read the end of this message.

**S L O W D A N C E:**

*Have you ever watched kids on a merry-go-round -- Or listened to the rain slapping on the ground?*

*Ever followed a butterfly's erratic flight --- Or gazed at the sun into the fading night?*

*You better slow down --Don't dance so fast -- Time is short --The music won't last*

*Do you run through each day on the fly -- When you ask "How are you?" do you hear the reply?*

*When the day is done, -- do you lie in your bed -- With the next hundred chores -- running through your head?*

*You'd better slow down ---Don't dance so fast ---Time is short -- The music won't last*

*When you run so fast to get somewhere -- You miss half the fun of getting there.*

*When you worry and hurry through your day, -- It is like an unopened gift....*

*Thrown away...*

*Life is not a race. -- Do take it slower -- Hear the music --Before the song is over.*

PLEASE FORWARD THIS TO HELP THIS LITTLE GIRL

Dear All,

PLEASE pass this mail on to everybody you know.It is the request of a little girl who will soon leave this world as she has been a victim of the terrible disease called CANCER.

Thank you for your effort, this isn't a chain letter, but a choice for all of us to save a little girl who's dying of a serious and fatal form of cancer.Please send this to everyone you know...or don't know.

This little girl has 6 months left to live, and as her dying wish, she wanted to tell everyone to live their life to fullest, since she never will. She'll never make it to prom, graduate from high school or get married and have a family of her own. By your sending this to as many people as possible, you can give her and her family a little hope, because with every name that this is sent to, The American Cancer Society will donate 3 cents per name to her treatment and recovery plan. One guy sent this to 500 people!!!!

PLEASE PASS IT ON

Dr. Dennis Shields  
Yeshiva University  
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